Upcoming Professional Education Seminars

Register Now...

The Benefits of Socialization for Older Adults, Especially During Winter and Holiday Seasons

December 4, 2013  7:30am - 9:00am  The Health Center at Galloway, 66 West Jim Leeds Rd, Galloway, NJ 08205

Register (use lecture title to search for class on registration page - for assistance with site click here).  Flyer

Presenter, Patricia Ayers, MSW, LSW, Stockton adjunct instructor, is a medical social worker for Holy Redeemer Home Care and Hospice and is a contributor to their on-line blog for caregivers called Caring With Confidence.  This lecture will address the causes and consequences of increased social isolation in old age, exploring risk factors, looking at how a perceived lack of social support, especially during the holiday season and winter months, may lead to increased depression, chronic illness and a reduced life expectancy.  We will review possible interventions that will assist in promoting social engagement and thus improving overall health and well being.  Upon completion, participants will receive 1 CE for Social Workers, Marriage and Family Therapists, and Licensed Professional Counselors.  For seminar information contact David Burdick at 609-652-4311 or David.burdick@stockton.edu.  For registration assistance only call 609-652-4227.

Rachel Pruchno Scholarly Research Lecture draws 100+ participants

"Successful Aging: How Neighborhoods Can Help Elders and Their Families Thrive" on October 28, 2013 at Stockton

Upcoming Older Adult Education Programs

Coming In January:  our 2014 Spring/Summer Schedule

Time to Tell Autobiographical Writing Sessions Planned

Stockton's Manahawkin Instructional Site

Participants will be guided and instructed through fourteen life themes.  Sharing, support and constructive criticism will be incorporated into the sessions.  Contact Gina Maguire for details (609-626-5590).

Senior Poetry Workshops Planned for 2014

SCOSA is partnering with the Otto Bruyns Public Library in Northfield in the development of ongoing poetry workshops for older adults.  If you are interested in being involved in the planning or as a participant, register online and we will contact you.
New Monthly Caregiver Support Group
Call Lisa Smith at (609) 652-3600 for details.
Senior Care Adult Day & Health Center at Galloway

Holiday Adopt-a-Resident Program at Royal Suites Healthcare.
Call for details 609-748-9900 x1727.

Save the Date
Senior Theatre USA 2014 Festival and Conference
June 8-12, 2014 at Bally's Atlantic City. Flyer seniortheatreUSA.com

The Messiah, An Oratorio
December 8 at 7:30pm
The Xanadu Theatre at Trump Taj Mahal featuring the Stockton Choral Program

Links to Stockton/et al. Events
Arts & Humanities on Facebook
Performing Arts Center
Holocaust Resource Center
Art Gallery
Veteran Affairs
Hughes Center for Public Policy
BayAtlanticSymphony.org

Take Control of Your Health
Chronic disease management discussion sessions planned for 2014. FREE evidence based community workshop developed by Stanford University will be presented by the Cape Atlantic Coalition for Health and Shore Medical Center. Workshops are held once a week for six weeks. If you would like to join us to discuss nutrition, exercise, pain relief, relaxation, emotions, stress, sleeping and other health concerns while learning strategies to improve your health and manage chronic disease, please register online. We are planning two introductory sessions to announce the program and accept registrations. Visit the SCOSA website and the next email announcement for more information.

Research Study Opportunity - Spring, 2014
Your participation will help develop a screening tool for dual sensory loss in older adults.
Dr. Debra Busacco, SCOSA Research Scholar, is seeking participants over 64 for a 1-2 hour research study at Stockton. Subjects must have BOTH a hearing and visual loss of any degree and will be required to complete a brief evaluation and questionnaire. Please contact Dr. Busacco by January 28th at dabusacco@aol.com or 609-626-3591 and leave your contact information.

More News
Stockton Provost Kesselman Announces SCOSA Faculty Fellows for the 2014/15 Academic Year.
As part of a new college initiative to involve faculty in Stockton's growing number of centers and institutes, SCOSA was approved for 3 fellows in support of our research, education, and service missions. We are pleased to announce that applications submitted by professors Lisa Cox (Social Work), Christine Gayda (Psychology) and Evonne Kruger (Business Studies) were recommended by a screening committee and approved by Provost Kesselman. Details of their intended projects will be described in a subsequent newsletter. Congratulations to all!

SCOSA Event Cancellation Procedure
Check the Stockton Homepage for campus wide closures. Check the SCOSA website for SCOSA off-campus event cancellations & rescheduling.