Stockton Center on Successful Aging News & Upcoming Events

SCOSA Website

Volume 3, Issue 5 May 2014

Upcoming Professional Education Seminars

Organizational Leadership in the Healthcare Setting
Thursday, May 1, 2014 4:00pm - 6:30pm
Register
Spring Oak Assisted Living of Vineland
1611 South Main Road, Vineland, NJ 08360
Presenter: Linda Coppingers, M.A., Executive Director, South Jersey Alzheimer’s Association Delmarva Valley Chapter.
This presentation will provide useful information for administrators, managers, and first-line supervisory personnel. It is designed to introduce participants to organizational leadership topics, including leadership styles, decision-making, and conflict management techniques.
The seminar, designed for professionals, paraprofessionals, and other caregivers who work with older adults is free of charge and includes dinner (sponsored by Elipse at Hempy and Spring Oak Assisted Living of Vineland). Upon completion, participants will receive 2 CEUs for Social Workers, Marriage and Family Therapists, Licensed Professional Counselors and 2 Contact Hours for Nurses.
Online advanced registration is required and can be accessed by clicking the Register link above. For registration assistance only contact William Albert at 609-652-4512.
The Richard Stockton College of NJ is an approved provider of continuing nursing education by New Jersey State Nurse Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation, PAP200-911310.
The Richard Stockton College is an approved provider of Social Work continuing education credits.

Something for Everyone

2014 SCOSA Aging Successfully Festival & Arthritis Foundation Health Summit

Tuesday, May 13, 2014 9:00am - 4:00pm
Stockton College Campus Center, 101 Vera King Farris Drive, Galloway, NJ 08205
Free admission and lunch for first 200 registrants - Call 215-574-3060 ext 4724 to register.

Presentations/Workshops/Lectures, Demonstrations and Screenings:

- SCOSA Research Update: Dr. Use Cox (SCOSA Research Chair) with John Bulwich, PhD, Christine Gayla-Chetler, PhD, & other SCOSA Research Fellows & Scholars discuss their research projects.
- Alternative/Complimentary Medicine for Osteoarthritis, Sheran Kolasinski, MD
- Transcatheter Aortic Valve Replacement (TAVR): An Interventional Approach for High Risk/Inoperable Elderly Patients with Severe Aortic Stenosis, Joelle D. Miangueira DNP, RN, CCRN, CCNS, APh
- The 10 Warning Signs of Alzheimer’s Disease, Sonita Lopez, MS, Alzheimer’s Association Delaware Valley Chapter
- Are You Ready to Retire? Brian McGuire, AARP-NJ
- Healthy Financial Aging: How to Age In Place, Charles C. Weeks Jr., JD, CPF, Assistant Professor of Finance
- Is Your Home Aging Ready? Doug Schindler
- Preparing for the Next Big Disaster: Jessica Bonnawhite, Assistant Professor of Criminal Justice
- Osteoporosis vs. Osteoarthritis, Arthritis Foundation
- Fitness & the Active Older Adult, Arthritis Foundation
- Put Pain in its Place, Arthritis Foundation
- Prepare to Age in Place, Pat Laycock, Director, Visiting Angels

News Briefs

SCOSA Successful Aging Festival 2014 & Arthritis Foundation Health Summit

"Staying Happy & Healthy in Home & Community" Tuesday, May 13, 2014, 9am-4pm, Stockton College Campus Center Click here for Save the Date Flyer.

Two Events in One: We are again joining forces with the Arthritis Foundation. This year, we are proud to work with the Eastern PA Chapter, headquartered in Philadelphia.

Two New Festival Partners: The South Jersey Senior Marketing Group (offering free memberships and discounts on exhibitor table fees - click here to join), Village by the Shore, a JFS Initiative.

Please consider supporting SCOSA’s main annual fundraising effort by joining our annual festival as a supporter, donor, sponsor, exhibitor or advertiser. Click here for Prospectus. Click here for online application.

My German Grandma Made the Best Italian Food!

Do you have family recipes that have great stories to go along with them? Did you learn to cook from a special person in your life? Growing up, did you enjoy Sunday dinners at a relative’s house? Then YOU have stories to tell about your life and food! If you are interested in sharing recipes and learning some of the stories that made them special, join us in this project! Contact Gina Mesculra for more information about this upcoming program we are
SCOSA Events & News for May 2014

For the Arts
Ivy College owner and SCOSA presenter Diamond Frandsen is offering rewards to older adults who attend six or more SCOSA-sponsored cultural events; defined as programs that engage the senses and involve the arts. The reward will be in the form of a $15 gift certificate to the Ivy Cottage. All of our crafts, writing, and art classes/lectures are eligible and at least one must be taught by Diamond. Her goal is to get folks to "try something new in 2014." In April, Dorothy Eckhardt and Christine Lombari earned their gift certificates. Contact Gina Maguire for more information.

It’s A Record
27 GERo minors are graduating from Stockton in 2013-2014.

GERo Recapitation April 10

Noteworthy

Operation Take Back - Turn In Old & Unused Medications
Stockton Police Department, NJ (DEA), and the Atlantic County Prosecutors Office invite you to participate on Saturday, April 26, 2014 from 10am to 2pm, outside of the Campus Center which is located off of Vera King Farris Drive between Parking Lots 1 and 2. Contact the Stockton Police Department at 609-652-4398 for further information.

Your Input Needed for NJ State Plan on Alzheimer’s Disease:
Last June, Governor Christie established the NJ Alzheimer’s Disease Study Commission to develop a comprehensive state plan to address the significant and growing impact of Alzheimer’s in New Jersey residents. The Study Commission’s Education, Awareness, and Training Subcommittees seek your input by completing a brief online survey by clicking on the link. SCOSA Director Dave Murphy (609-652-4311) serves on this committee and can answer any questions that you might have.

Help Prevent Medicare Fraud and Abuse,
Tunde Afebiyomi, Senior Medicare Patrol
What’s the Password to Common Sense Internet Security? Ken Goodman, MBA
Homer & Laughter - A Prescription for Better Living, Maryann Pudhomme, RN, CCH, CSA, Bayada Home Health Care
Contact Cape-Atlantic Telephone Reassurance Program, John Oakey, Reassurance Coordinator
Preparing for Natural Disasters, Alayna Berg, Legal Services of NJ
Meditate Your Way to Health & Happiness,
Luanne Anton, Health Educator, Stockton Wellness Center
You’ll Be Wowed by This Woman...the story of Peace Polgrin, Merrv Brennan & Helene Young
Fred & Ethel Reyes of Smithville, NJ, Judy Counter, Author
Laughter Yoga, Francine Shore of Laughter Yoga Salon New York City
Demosntrations throughout the Day:
Explore Your Creativity Through Craft, Diamond Frandsen, Ivy Cottage
Create Your Own Greeting Cards, Ann Blazovic
You Can Use Technology, Ken Goodman, MBA
Music by The Lyric Wind Quintet & Members of the Stockton Faculty Band

Over 30 exhibitors showcasing services for older adults in the Exhibit Hall throughout the day. Details

Lots of “give-aways” to attendees donated by exhibitors and other SCOSA donors.

Upcoming Older Adult Education Programs

Time to Tell - Creative Writing Workshop:
Memory in Poetry and Creative Nonfiction
Saturday, May 10, 2014 10:30am - 12:30pm
The Fayerweather Museum of Art at Stockton College, 602 W. Road, Galloway (Galloway), 609-652-4398 to register. Jenna McCoy, Instructor
We will write poems and essays inspired by our own memories, stretch our creativity with a number of prompts and activities, and work to create our own community of writers.

Time to Create Art - Tote Basket with Wooden Handle
Saturday, May 17, 2014 10:30am - 12:30pm
The Fayerweather Museum of Art at Stockton College, 733 Lily Lake Road, Galloway (Galloway), 609-652-4398. Materials Fee: $49.00 (Collected by Museum). Call 609-652-8848 to register. Instructor: Niki Eubanks, Swan Bay Farm. A perfect basket (8” x 15” x 15”) for magazines, file folders, or books.

A Tour of Poetry for Seniors
May 24, 2014 11:00am - 1:00pm
The Otto Buhns Public Library of Northfield, 241 W. Mill Road (between Shore & New Road), Northfield, NJ 08225 609-646-4476. An ongoing series hosted by the Otto Buhns Public Library of Northfield, offering the poetry enthusiast an opportunity to enjoy the works of local artists while sharing their own work with an audience of their peers. Participants will share a light lunch, compliments of Vantaggi’s Offshore Cafe, and the library. Guest Poet Joel Dias-Pereira will speak on Haiku and Sendyku and read some examples from his poetry. Learn more about Joel Dias-Pereira. Register online or call 609.626.3591.

Time to Create Art - Learn to Paint With Watercolors
Tuesday, May 27, June 3, June 10 & June 17, 2014 10:00am - 12:00pm
Stockton Kramer Hall, Room 301, 30 Front Street Hammonton, NJ 08036 609-626-3849. Instructor: Alice White-Marks. Register online or call 609.626.3591. Learn the fundamentals of painting with watercolors in this four-week course. We will discuss the selection of brushes, paints and watercolor paper – as well as other related topics. Students will learn basic techniques as they begin to paint. The instructor will supply initial painting inspiration, but students are encouraged to develop their own inspirations as well. You must bring your own supplies - see flyer for list.

Thursday, May 22nd at 12:30 Time to Tell session presented
Stockton Center on Successful Aging
Richard Stockton College of New Jersey
101 Vera King Farris Drive, Galloway, NJ 08205  609.626.3591  Fax: 609.626.3620

Programmimg: Anita Berlouch, 609.626.3591 / Gina Maguire, 609.626.5590

SCOSA Event Cancellation Procedure
Check the Stockton Homepage for campus-wide closures. Check the SCOSA website for SCOSA off-campus event cancellations & rescheduling.

Reminders
Save the Date
Senior Theatre USA Festival and Conference June 8-12 at Rally's Atlantic City.

Forward this email
SafeUnsubscribe
This email was sent to ariane.newman@stockton.edu by david.j.burris@stockton.edu
Update profile/email address | Rapid removal with SafeUnsubscribe™ Privacy Policy.

Stockton Center on Successful Aging, Richard Stockton College of NJ, 101 Vera King Farris Drive, Galloway, NJ 08205-9411