

**DR. MARY LOU GALANTINO** came to Stockton as an Assistant Professor of Physical Therapy in 1991. She has taught graduate physical therapy students (as we transitioned from BS to MPT to DPT) and undergraduate students (through the 1990's). She specializes in holistic health and rehabilitation. Over the past several years Dr. Galantino has been the Coordinator of the Holistic Health Minor and has been pleased to oversee > 150 students and a great faculty who contribute to the growth of the minor. Highlights of Dr. Galantino's scholarly activities include integrative therapies (yoga, meditation and tai chi) for various populations including cancer survivors, HIV and fall prevention in the elderly. As a result of her Fulbright Specialist Grant, she is currently working on population based research in HIV disability and exploring the impact of yoga on HIV neuropathy. She is excited about working with Susan Cydis and the facilitation team in the 2020 Funding for ELO Study Groups alongside the research outcomes of students and faculty. Dr. Galantino serves on the School of Health Sciences Interprofessional Education Advisory Board, Stockton Center for Community Engagement, the ELO development and Information Literacy Task Force, e-portfolio platforms for undergraduate students and working with our Office of Global Engagement to foster interdisciplinary experiences abroad. She is currently a mentor for Dr. Luis Garcia and Dr. Chelsea Tracy-Bronson. Dr. Galantino has mentored Prof Perks, Dr. Christine Gayda and other faculty informally in various aspects of collaborative research.

**About mentoring, Dr. Galantino says:** "To be mentored by inspiring colleagues is a gift. The reason I continued in academia (when I was just planning to "give back" to my profession for a few years and return to full-time clinical practice...) is due in part to Dr. Bess Kathrins. As the director of our PT Program she reminded me each time we would meet - You can have it all, but just not now. Doing too much in an attempt to accomplish the goal, may not be prudent in the spirit of balancing professional and personal endeavors. The mentorship experience is just that, a step-wise process that resonates with each person in the relationship. While there are guiding elements to mentorship, the connectedness is at the heart of the process. Both must be clear about expectations through ongoing communication and willing to change the course when necessary. Remarkable collaborations often emerge from the process and each person has a vested interest in a higher purpose to serve the community at large. Spontaneity and surprises along the way bring great joy to the mentor-mentee experience."