

# Richard Stockton Invitational

March 20, 2010

## Tentative Time Schedule

10:30 am 3000 Walk combined Men and Women

11:00 am Hammer - Men followed by Women

Shot - Women followed by Men

Pole Vault - Women followed by Men

Long Jump - Women followed by Men

High Jump - Men followed by Women

400 Inter. Hurdles W, M.

11:30 am Distance Medley -1200,400,800,1600 W, M.

11:45 am Sprint Medley -100,100,200,400 W, M.

12:15 pm Steeplechase W, M.

12:30 pm 4 x 100 W, M.

12:40 pm 1500 W, M.

1:00 pm 100 Hurdles W.

Discus - Women followed by men

Javelin - Men followed by Women

Triple Jump - Women followed by men

1:20 pm 110 Hurdles M.

1:40 pm 400 W, M.

2:00 pm 100 W, M.

2:20 pm 800 W, M.

2:40 pm 200 W, M.

3:00 pm 3000 Women

3:20 pm 5000 Men

3:45 pm 4 x 400 W, M.

Time Schedule is tentative based on number of entrants.

Entry Fee - \$15.00 per event/athlete with \$150.00 team maximum

(men and women are separate teams) – Limit 4 entries/event

Make checks payable to: Richard Stockton Athletics

**All participating teams and individuals must register at: [www.directathletics.com](http://www.directathletics.com)**