

Stockton Center on Successful Aging Offering Free Workshops on Social Media, Cyber Security

Register Now for Events on March 11 and April 8 on Galloway Campus

For Immediate Release

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Contact: Maryjane Briant
News and Media Relations Director
Galloway Township, NJ 08205
Maryjane.Briant@stockton.edu
(609) 652-4593

Galloway Township, NJ – The Stockton Center on Successful Aging is sponsoring two free computer science and information workshops for older adults at Stockton University's main campus, 101 Vera King Farris Drive, Galloway, N.J. on **Friday, March 11** and **Friday, April 8**.

Ai Zhang, associate professor of Communications, Chenyan Xu, assistant professor of Computer Sciences and Information Systems, Nandini Taneja, who holds a master's in Computer Science and an MBA, and Aakash Taneja, professor of Computer Science and Information Systems, will facilitate the workshops with Computer Science and Information Systems students.

Over the past 20 years, the Internet has become an integral part of society, and many seek more information about appropriate Internet usage and cyber security practices.

Many older adults want to effectively use the internet, and look for training opportunities to enhance their technical capabilities. With adequate training, safe browsing can replace the limited mobility often faced by those with disabilities, and help adults to age in place with dignity.

Social Media Workshop

Date and time: Friday, March 11 from 1 - 3 p.m.

Location: Stockton University's main campus, F Wing - Room 114.

Requirements: Seating is limited. [Register online](#) or call 609-626-3591.

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Social media can be used to stay in touch with friends and family; to create, share or exchange information; to keep up with trending topics and news, and more. Learn how to manage social media activities safely and effectively and explore various learning and engagement opportunities available through social media.

Cybersecurity & Privacy Workshop

Date and time: Friday, April 8 from 1 - 3 p.m.

Location: Stockton University's main campus, F Wing - Room 114.

Requirements: Seating is limited. [Register online](#) or call 609-626-3591.

These workshops will enhance technology usage and cyber security skills by covering topics and using hands-on exercises on effective and safe computing. [Access the flyer online](#) for more information.

Visit the SCOSA website at www.stockton.edu/scosa for more information, updates and cancellation procedures.

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