Stockton College Study Tour  
Germany and the Netherlands, March 10-20, 2013

PACKING AND LUGGAGE

Luggage is limited to ONE suitcase (maximum 50 lbs), ONE carry-on bag (which must fit in overhead bins), and one personal item (such as a purse or laptop carrier)!

CARRY-ON LUGGAGE.

- Airport security prohibits the following items in carry-on luggage: Sharp objects, including scissors and pocket knives, and flammable liquids. See a full list at www.tsa.gov. All liquids in carry-on must be in containers no larger than 3.4 ounces (100 milliliters) and be placed into a single clear plastic quart-size zip-top bag. When in doubt, pack liquids in check-through luggage.
- Pack one day’s change of clothes in carry-on in case check-through bag gets delayed or lost.

The following are some tips that may be helpful:

PACK LIGHTLY. Fit everything into one bag that can be checked through on the plane, and one carry-on bag. Leave room for souvenirs and other items that you will accumulate along the way. We will not have a “laundry day.”

USE EASILY PORTABLE LUGGAGE. You will not have to carry your luggage over great distances, but it is convenient to use bags with rollers or shoulder straps.

KEEP HEAVY AND BULKY ITEMS TO A MINIMUM. These include books, electronic equipment, extra pairs of shoes, etc.

FAVOR COMFORTABLE CLOTHING. In particular, take only shoes that will be comfortable for walking, because we will be doing lots of it. High heels and platform shoes, as well as shoes not “broken in” could hurt your feet.

PACK FOR THE EXPECTED CLIMATE. Low temperatures could reach freezing at night and highs could be in the sixties during the day. It is difficult to predict rainfall at this time, but some precipitation is very likely. In all probability, temperatures will average about 50 to 55 degrees. A light water-repellent jacket and/or an umbrella are highly recommended.

THINK “LAYERS.” Wearing a shirt, sweatshirt/sweater, and jacket, you can keep as warm as a thick winter coat. Layers allow you to adjust to changing temperatures by removing a “layer,” and can reduce the volume of clothing you take with you.

MIX AND MATCH. By taking clothes that can be combined in many ways, you can use the same clothes to create different “looks” on different days, but still keep luggage to a minimum (i.e, solid blacks, whites, beiges, blues, etc.). Scarves are light accessories that can also create different looks.
SUGGESTED ITEMS TO PACK

Suggested items to pack (not including what you wear for departure). These suggestions do not include everything you might need. Use your own judgment.

**Essential! Carry with you on the flight**
- Valid Passport
- Spending Money
- Emergency documents (copies of passport, credit cards, insurance information, etc.)
- Medications and medical information
- One day’s change of clothes (in case check-through luggage is delayed or lost)
  [All liquids and gels must be in containers no more than 100 ml and in clear zip-top bag]

**Personal items:**
- Toothbrush and toothpaste
- Soap and shampoo (hotels provide shower gel, but not always bar of soap or shampoo)
- shaving equipment

**Clothes:**
- Socks for 10 days
- Underwear for 10 days
- 2 pair slacks/skirt/etc.
- T-shirts
- Long-sleeved shirts/blouses
- Sweater and/or sweatshirt
- Loose-fitting jacket or coat (one that will fit over sweatshirt/sweater)
- Shoes (good walking shoes and/or sneakers). One nice-looking pair of comfortable walking shoes can be enough, but many people prefer a pair of sneakers and one pair of ‘dressier’ but comfortable shoes.
- Rain wear (for example, waterproof jacket, hat, and/or umbrella)
- Belt (if not worn on plane at departure)
- Swim suit (only if you intend to use hotel pools or saunas, where available)
- Exercise shorts (only if you intend to use exercise rooms, go jogging, etc)
  (Hotels will provide towels)

**Miscellaneous**
- Notebook
- Pens and/or pencils
- Something to read, if applicable (but don’t overdo it)
- Guidebook, if desired.
- Camera (and extra camera batteries or charger)
- A small carrying bag/backpack for excursions/tours (if not the same as carry-on bag);
  This should fit easily in your luggage.