Journey to Health... Unleash the Power of Age

Stockton Center on Successful Aging
2013 Festival

Arthritis Foundation Health Summit

May 23, 2013
9:00 am to 4:00 pm
Stockton College Campus Center
Dear Guests:

On behalf of the Arthritis Foundation, New Jersey Chapter, I would like to take this opportunity to welcome you to the 2013 Journey to Health Arthritis Summit/ Unleash the Power of Age Festival. Truly a “joint effort,” today’s program represents a unique collaboration between the Arthritis Foundation and Stockton College. We are pleased to add our expertise to bring you this special event.

With its mission to improve lives through leadership in the prevention, control and cure of arthritis and rheumatic disease, the Arthritis Foundation is the largest private funder of arthritis research in the United States. The New Jersey Chapter serves close to 30,000 residents of the Garden State through programs and services, including educational forums like today’s Journey to Health, as well as ongoing exercise, Tai Chi and aquatic classes. We advocate on behalf of those affected with arthritis with our State and Federal representatives. And, we are working to develop new classes. We advocate on behalf of those affected with arthritis with our services, we're raising awareness and funds to help reduce the unacceptable pain, disability and other burdens of this serious health epidemic.

Call the Arthritis Foundation, New Jersey Chapter for information about arthritis, treatment options and ways to better manage your disease. 732-283-4300

arthritis.org/new-jersey

Welcome to the 2013 Successful Aging Festival

Dear Guests:  May 23, 2013

Welcome to the Richard Stockton College of New Jersey and our Festival on Successful Aging Celebrating Older Americans Month. I hope your visit to campus is enjoyable, educational and inspiring. Stockton is New Jersey’s Distinctive Public College, and a core aspect of this distinctiveness is our unwavering commitment to the well-being of our region’s citizens of all ages. SCOSA’s partnership with the Arthritis Foundation today is yet another expression of this commitment.

Stockton’s commitment to the needs of older adults and their families dates back to the founding of the College 41 years ago. Shortly thereafter, a small group of faculty gathered and formed a Topical Concentration in Aging. Over the years, as the College evolved, so did the program, changing to Supporting Studies, then a Certificate, and now a Minor that offers several courses to hundreds of students per semester, preparing the next generation of leaders in the field of aging. Over 600 students have earned certificates or minors in gerontology at Stockton since the program’s inception. In February, the Association for Gerontology in Higher Education conferred upon Stockton’s program the designation of “Program of Merit.”


Enjoy your day and please come back often to visit all that Stockton has to offer through our art galleries, the Stockton Performing Arts Center, The Book Library and Schoffer Holocaust Resource Center, sporting events, and other on-campus resources, programs and activities. I also hope you will visit us at the Dante Hall Theater & Carnegie Library Center in Atlantic City, the Noyes Museum in Oceanville and Hammonton, our instructional sites in Hammonton, Manahawkin, and Woodbine, and at the Stockton Seaview Hotel and Golf Club.

Best Wishes,

Herman J. Saatkamp, President
Keynote Address 9:30am Theatre

Arthritis & the Savvy Consumer
George Halko, DO

An overview of arthritis and how to evaluate what treatments, over-the-counter supplements, and complementary therapies might work from you. What key words and phrases should you look for in evaluating the efficacy and potential danger of a product? Many of these hints apply when considering non-traditional treatments for a variety of health issues, not only arthritis.

Lectures

Joint Replacement Surgery
Stephen Zabinski, MD, Orthopedic Surgeon

What to expect when you are a new knee or hip. Orthopedist, Dr. Stephen Zabinski, explains the different types of surgery, the process leading up to the surgery and the outcomes expected in both knee and hip replacement.

Osteoarthritis, Fitness, & the Baby Boomer
Kathy Geller, Fitness Professional

Includes a short overview of osteoarthritis including signs, symptoms and the importance of physical activity in self-management. This program is designed for the 55-65 year old Baby Boomer to help prevent arthritis, but more importantly, to help individuals remain active by choosing the physical fitness plan that works best for them!

Osteoarthritis vs. Osteoporosis
Peggy Lotkowski, Arthritis Foundation, NJ Chapter

Although the names sound similar, these two conditions have unique characteristics. Participants will explore the risk factors, diagnosis process, treatments, nutrition and the importance of exercise in the management of these diseases. Fall prevention and home safety also included.

Prehab & Rehab
Robert Marsico, PT, Physical Therapist

What you should know about physical therapy. Either in preparation for surgery, or recovering from surgery, it’s important to understand the importance of physical therapy in your road to wellness.

Rheumatic Arthritis
George Halko, DO

A close look at the mechanisms involved in auto-immune types of rheumatic disease including rheumatoid and psoriatic arthritis. Specific treatment and self-management strategies for these diseases will be discussed. There will be ample time to “ask the doctor” general questions about the disease process and new treatments currently available.

Tai Chi
Ian Bertram

A short introduction to the ancient art of Tai Chi includes a demonstration of the Arthritis Foundation Tai Chi form, and an interactive warm-up session with attendees.

Clinics

Free Eye Exams by Barb Kruchak, NJ Commission for the Blind and Visually Impaired Prevention Unit. The exams will take place throughout the day and last a little under 10 minutes each. Participants will be checked for Acuity (distance and close-up) and for Glaucoma (optic pressure).

Osteoarthritis vs. Rheumatic Arthritis
David Burdick, PhD, Moderator
Rev. David Delaney
Jean Mercer, PhD
Sally Nunn, RN
David Pinto

Beginning by briefly connecting the session to the theme “Unleash the Power of Age” and to humanistic and positive psychology concepts, the session will then shift to an interview of each panelist, focusing on their unique narratives as they transitioned from full-time jobs and lifelong careers, to new and meaningful pursuits. Audience participation will be encouraged.

Lectures

Eat Healthy for Good Brain Health
Wendy Kozak

Some very important things you should know about eating and keeping the brain intact as we age.

Empowering Yourself through Community Efforts: Recovering from Sandy
Alanya Berg, MSW, LSW

Alanya is a Licensed Social Worker with the Hurricane Sandy Assistance Team at Legal Services of New Jersey. Legal Services provides New Jersey communities with legal assistance for qualified low income and elderly residents. Alanya will discuss the services provided since Hurricane Sandy, by Legal Services and by members of the communities empowering themselves.

Enough! No More Plastic Bags
Barbara Reynolds

Learn about the problems caused by plastic bags and how to create a cool alternative: recycling T-shirts into cloth bags. In 5-10 minutes, with no sewing, turn your shirt into a warm & fuzzy replacement for plastic bags. (All donations welcome). Bring your own shirts - if you forget we have a limited supply.

Meditate – Easily & Effortlessly
Laurnne Anton, M.S.

You will learn about various breathing techniques and types of meditation including guided imagery, Transcendental Meditation, mindfulness to achieve harmony, progressive relaxation, aromatherapy, and meditating with gem stones.

Soil to Soul
Wendy Kozak

‘Soil to Soul’ is a ‘Garden to Table’ demonstration providing information about the nutritional contents of foods considered Brain Power Foods. Wendy will demonstrate the best way to prepare foods right from the garden, minimizing loss of nutrients and providing great flavor for everyday health and wellness.

Now Hear This

Hearing Screenings & Information
Christine Teuscher, Ph.D.

Audiology (SPAD) program will perform hearing screenings after the presentation.

Many Faces of Depression – Information & Screening

Wendy Kozak

A heartwarming 80 minute documentary about four living World War II veterans and a Midwest community coming together to give them the trip of a lifetime. Volunteers fly thousands of WWII veterans to Washington, DC to see the memorial constructed for them in 2004, nearly 60 years after their epic struggle.

Time to Tell Autobiographical Readings

Gina Maguire, MSW, LSW

Time to Tell authors share their stories written during SCOSA’s 2012 writing program, recently published in honor of their efforts. Today we will mark the end of this chapter of their writing journey with a graduation ceremony.

Special Thanks

SCOSA would like to acknowledge and extend a special thanks to those that have contributed their time, expertise, and resources to help make this event a remarkable success. Special thanks to staff from the Office of Events Services, the Office of External Affairs, the Department of Plant Management, the School of Social & Behavioral Sciences, the Print Shop, the Mailroom, the Media Center, Chartwells, and all of the other volunteers from across the college who lent a hand stuffing envelopes or helping in other ways. Last but not least, all of the fantastic faculty, staff, students, and friends who presented, performed, or volunteered at today’s event as well as others throughout the year.

Political Engagement

Linda Coppinger

An informed and engaged citizenry is the bedrock of our representative democracy. Older adults, empowered by time and wisdom, are a vital part of this democracy. The session will discuss various successful advocacy skills.

Demonstrations, Clinics & Films

Many Faces of Depression – Information & Screening
Christine Teuscher, Ph.D.

The program will include an information session, depression screening, and provide a list of mental health providers who treat Medicare patients.

Honor Flight Movie

A heartwarming 80 minute documentary about four living World War II veterans and a Midwest community coming together to give them the trip of a lifetime. Volunteers fly thousands of WWII veterans to Washington, DC to see the memorial constructed for them in 2004, nearly 60 years after their epic struggle.

Writing & Publishing Family Stories

Turiya S. A. Rahem

Want to turn those family stories or your own personal history into a book? Hear how author Turiya S. A. Rahem went about collecting family stories, interviewing family members and writing her creative nonfiction book, Growing Up in the Other Atlantic City: Wash’s and the Northside. Turiya will share her journey from writing process to publishing, including her connection with HBO’s award-winning Boardwalk Empire series.

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Form Information & Assistance - 1-888-426-9243 (TOLL-FREE)
 Presenter Profiles

**Jan Bertram**
Jan Bertram, a certified fitness instructor and former health club co-owner, moved to southern Ocean County eight years ago to pursue her growing interest in fitness for the over 50 population. She found that regular Tai Chi practice helped her improve her flexibility and range of motion and reduce the pain and stiffness of osteoarthritis as well as health issues related to fibromyalgia. After years of experiencing, she found that Tai Chi made the biggest impact on her overall health.

Jan has been teaching the Arthritis Foundation Tai Chi program for over seven years. Jan’s students are now her inspiration. She hears many success stories of improved health (from better balance, increased mobility, less pain, reduced stress and anxiety) which keep her motivated.

Jan is currently working with the Meridian hospital group to incorporate Tai Chi at hospital affiliated physical therapy and rehab sites.

**Kathy Geller**
Kathy currently owns and operates Kathy Geller’s Fitness Program specializing in developing exercise programs for clients with arthritis and osteoporosis. For seven years, she served as Senior Community Manager/Exercise Specialist for the New Jersey Chapter of the Arthritis Foundation. In that capacity, she was responsible for all Arthritis Foundation exercise programs, leading training workshops and community outreach. She is an Arthritis Foundation National Trainer qualified to conduct training workshops throughout the United States.

Kathy is an American Council on Exercise (ACE) Group Fitness Instructor and Personal Trainer. In addition, she is a member of the American College of Sports Medicine, the Association of Rheumatology Health Professionals and a Master Member of IDEA, the International Association of Fitness Professionals. She has given presentations to national organizations on fitness and aging and serves as Vice-Chair for Arthritis Foundation, NJ Chapter Board of Directors.

**George Halko, DO**
Dr. Halko graduated from the Philadelphia College of Osteopathic Medicine, completed his Residency at Albert Einstein Medical College and a Fellowship at the Connecticut Hospital for Osteopathy.

Dr. Halko is Board certified in both Rheumatology and Internal Medicine. He has a large practice in Somers Point and is affiliated with Shore Memorial Hospital.

**Peggy Lotkowitz**
Peggy Lotkowitz currently serves as the Director of Programs for the Arthritis Foundation, New Jersey Chapter, and Northeast Region. In her role as Program Director, she oversees all of the Foundation’s exercise and community based educational programs. During her tenure with the Arthritis Foundation she established a camp for children with arthritis, developed a parent mentoring pilot program, served on the National Public Health team and currently is a member of the NJ Chronic Disease Coalition.

Prior to work in arthritis programs and services, Peggy was an educator for 14 years, she continues to teach and play the flute when time permits.

**Robert Marsico, PT, Ed.D**
Dr. Marsico was raised in Atlantic County, and is a graduate of Atlantic City High School. He has a Bachelors degree in Health Education/Exercise Physiology from Florida International University, a Masters degree in Physical Therapy from Rutgers University/UMDNJ and a Doctorate in Education in Applied Physiology from Columbia University. Dr. Marsico is Assistant Professor of Physical Therapy at Stockton and SCOSA Faculty Research Fellow.

Dr. Marsico opened Galloway Orthopedic Physical Therapy- GO PT in 2003. His goal was to provide the highest quality outpatient physical therapy services. Rob is committed to providing one on one care and providing all patients with patient education. He is a certified personal trainer and holds a black belt in Tae Kwon Do.

**Stephen Zabinski, MD**
Dr. Stephen Zabinski was born and raised in New York City. He obtained his medical degree from Columbia University and completed his orthopedic surgical residency and training at the Hospital for Special Surgery. Dr. Zabinski is board certified and specializes in joint replacement surgery, shoulder and elbow surgery, minimally invasive surgical procedures and sports medicine.

Dr. Zabinski is Director of the Division of Orthopedic Surgery at Shore Medical Center and a member of the governing board of Jersey Shore Ambulatory Surgical Center. He is an orthopedic consultant for Richard Stockton College and has served as past medical director for the Atlantic League of Professional Baseball organization as well as the Atlantic City Surf and the Atlantic City Seagulls professional teams.

His present major areas of clinical interest are in minimally invasive surgical techniques – both for joint replacement surgery and sports medicine related procedures – as well as in the use of computer navigation in surgery, cartilage repair technology and outpatient alternatives for total joint rehabilitation.

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### Schedule at a Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
<th>Sponsor</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 - 10:20</td>
<td>Arthritis &amp; the Savvy Consumer</td>
<td>Theatre</td>
<td>Arthritis Foundation</td>
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<tr>
<td>10:30 - 11:10</td>
<td>Eye Exams</td>
<td>Exhibit Hall</td>
<td>Arthritis Foundation</td>
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<tr>
<td>11:20 - 12:00</td>
<td>Joint Replacement Surgery</td>
<td>Meeting Room 5</td>
<td>Arthritis Foundation</td>
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<tr>
<td>12:00 - 1:00</td>
<td>Osteoarthritis, Fitness, &amp; the Baby Boomer</td>
<td>Meeting Room 5</td>
<td>Arthritis Foundation</td>
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<tr>
<td>1:00 - 1:35</td>
<td>Osteoarthritis Vs Osteoporosis</td>
<td>Meeting Room 1</td>
<td>Arthritis Foundation</td>
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<tr>
<td>1:40 - 2:20</td>
<td>Prehab &amp; Rehab</td>
<td>Meeting Room 1</td>
<td>Arthritis Foundation</td>
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<tr>
<td>2:30 - 3:10</td>
<td>Rheumatic Arthritis</td>
<td>Meeting Room 1</td>
<td>Arthritis Foundation</td>
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<tr>
<td>3:20 - 4:00</td>
<td>Tai Chi</td>
<td>Trustee Room</td>
<td>Arthritis Foundation</td>
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<tr>
<td><strong>Exhibits</strong></td>
<td>(Open 9:00am - 3:30pm)</td>
<td>Exhibit Hall</td>
<td>SCOSA</td>
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<tr>
<td>9:00 - 3:30pm</td>
<td>Depression Screening &amp; Information Session</td>
<td>Meeting Room 3</td>
<td>SCOSA</td>
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<td>9:00 - 3:30pm</td>
<td>Eat Healthy for Good Brain Health</td>
<td>Meeting Room 5</td>
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<td>9:00 - 3:30pm</td>
<td>Empowering Yourself through Community Efforts</td>
<td>Meeting Room 2</td>
<td>SCOSA</td>
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<td>Enough! No More Plastic Bags</td>
<td>Meeting Room 2</td>
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<td>Meditate – Easily &amp; Effortlessly</td>
<td>Trustee Room</td>
<td>SCOSA</td>
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<tr>
<td>9:00 - 3:30pm</td>
<td><strong>Third Age Pathways: Empowerment &amp; Engagement Panel</strong></td>
<td>Theatre</td>
<td>SCOSA</td>
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<tr>
<td>9:00 - 3:30pm</td>
<td>Political Engagement</td>
<td>Meeting Room 5</td>
<td>SCOSA</td>
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<tr>
<td>9:00 - 3:30pm</td>
<td>Soil to Soul</td>
<td>Trustee Room</td>
<td>SCOSA</td>
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<tr>
<td>9:00 - 3:30pm</td>
<td>The Engaging Power of Live Music</td>
<td>Theatre</td>
<td>SCOSA</td>
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<tr>
<td>9:00 - 3:30pm</td>
<td>Time to Tell Readings &amp; Graduation Ceremony</td>
<td>Theatre</td>
<td>SCOSA</td>
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<tr>
<td>9:00 - 3:30pm</td>
<td>Writing &amp; Publishing Family Stories</td>
<td>Meeting Room 2</td>
<td>SCOSA</td>
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**The Engaging Power of Live Music**

Join Jed Gaylin in the Theatre at 2:30pm for a sneak preview of the Bay-Atlantic Symphony and the upcoming Borgata concerts scheduled for July 7, July 14, July 21, August 4 and August 18. Tickets are now on sale at 1-866-900-4849 or www.theborgata.com.

Music Director, Jed Gaylin, leads the Bay-Atlantic Symphony and Hopkins Symphony Orchestra. In 2012, Jed was named Artist in Residence at The Richard Stockton College of New Jersey. This new position is a part of an innovative model in which Bay-Atlantic Symphony is integrated into the music curriculum. Symphonic rehearsals and presentations will become focal points for coursework and seminars.

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**Live Entertainment**

The Galloway Strathspey and Reel Conspiracy will perform traditional tunes and songs from Scotland and Ireland featuring:

- Rodger Jackson, President-Elect of the Faculty Senate and Associate Professor of Philosophy.
- Russ Manson, Associate Professor of Computational Science.
- Jeanie Collins Manson, Pastor at St. John's United Church of Christ in Egg Harbor City.

PintoHagen: David Pinto profiled on page 7, and Peter Hagen (Director of Stockton's Center for Academic Advising and Planning) regularly delight audiences and demonstrate the joy of making music as members of several musical ensembles, including the Stockton Faculty Band.

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**Food Service**

- Dunkin Donuts (7:30-3)

- Mondo Cafe (11-13)

- Passports (11-3)

Grab your bag lunch or a bite in the Food Court or Coffee House and bring it to the Exhibit Hall and enjoy Live Entertainment from 11:30 til 1pm.
Exhibitors & Vendors

American Red Cross - Southern Shore Chapter
850 North Franklin Blvd., Pleasantville, NJ 08231
609-646-8330 redcross.org

Atlantic County Government
Atlantic County Surrogate’s Court, 5911 Main Street
Mays Landing, NJ 08330 609-645-5800 info@acnj.org

Bath Fitter
408 Bloomfield Drive
West Berlin, NJ 08091  856-470-6570 bathfitter.com

Bayada Home Health Care
199 New Road #35, Linwood, NJ 08221
609-926-4660 bayada.com

Brandywine Senior Living at Brandall Estates
432 Central Avenue, Linwood, NJ 08221
609-926-4663 brandycare.com/communities

CARING Adult Health Care
407 West Delilah Road
Pleasantville, NJ 08232 609-484-7050 caringmg.org

CASA of Atlantic and Cape May Counties
321 Shore Road, Somers Point, NJ 08224
609-601-7800 atlanticcascma.org

Compassionate Care Hospice
518 S. South Road, Marmora, NJ 08223
732-491-9952 schnet.net/hospice

DePaul Healthcare Systems
(Atlantic Manor, Mainland Manor, Woodview Estates), 5030 Unami Blvd.,
Mays Landing, NJ 08330 609-625-4878 woodviewestates.com

Fox Rehab
7 Carnegie Plaza, Cherry Hill, NJ 08003
877-407-3422 foxrehab.org

Garden State Medical Supply
24 Union Avenue, Lakehurst, NJ 08733
856-512-0768 gsmmedicalsupply.com

Granite Transformations
414 Bloomfield Drive
West Berlin, NJ 08091  856-768-3407 granitetransformations.com

Gitterman & Associates Wealth Management
70 Wood Avenue South, 3rd Floor
Iselin, NJ 08830 848-248-4873 gawmllc.com/home

Home Instead Senior Care
519 Shore Road, Somers Point, NJ 08244
609-927-0203 homeinstead.com

Jewish Family Services of Atlantic County
607 North Jerome Avenue, Margate, NJ 08402
609-822-1108 jfsatlantic.org

Our Lady’s Multi-Care Center
1100 Clematis Avenue, Pleasantville, NJ 08232 609-677-6356 ourladysmulticarenj.com

Paladin Medical Equipment, LLC
6 Enterprise Court, Sewell, NJ 08080
609-484-9379 paladinmedicalequipment.com

Royal Suites Healthcare and Rehabilitation
214 West Jimmie Leeds Road Galloway, NJ 08205
609-748-9900 royal suiteshealthcare.com

South Jersey Geriatric Care, P.C.
PO Box 25, Somers Point, NJ 08244
856-429-3494

South Jersey Geriatric Care, P.C.
PO Box 25, Somers Point, NJ 08244
856-429-3494

Stockton Employees Memorial Scholarship Fund
The Terraces at Seacrest Village & Seacrest Village
1001 Center Street
Little Egg Harbor Township, NJ 08087
609-857-4141 seacrestvillagenj.com

United Way of Greater Philadelphia & Southern New Jersey in Atlantic County
4 East Jimmie Leeds Road, Suite 10
Galloway, NJ 08205
609-404-4843 unitedwaynj.org

Visiting Angels
3153 Fire Road, Suite B
Egg Harbor Township, NJ 08234
609-641-7200 visitingangels.com

Exhibitors & Vendors

Mobile Alert
Exclusively offered by Medical Alert

The first medical alert system ever to…… Summon Help Anywhere

…… with one device that offers GPS Mobile capabilities allowing your clients to participate in activities that they enjoy away from home and a waterproof pendant or wristband for use to remain safe and secure while at home.

• Nationwide Coverage
• Amplified two-way voice communication
• Location detection by GPS satellite

For more information on our Mobile Alert call Steve Abate
484-571-2040

Volunteer Fair

REACH OUT Become a Volunteer - Use your head…Follow your heart…Lend a hand

A portion of the exhibit hall will be dedicated to United Way member agencies looking for volunteers. United Way of Greater Philadelphia & Southern New Jersey in Atlantic County currently partners with 38 agencies to address health and human service needs in our community. The missions of these agencies represent the diverse needs of our community and the wide range of services available. Finding a volunteer position can seem as intimidating, overwhelming and confusing as seeking paid employment. And, just like a job search, the search for a fulfilling volunteer position consists of many steps. United Way of Atlantic County’s Volunteer Center acts as a “clearing house” for volunteers and can assist you with finding the right match. Visit the United Way Volunteer Exhibit in the exhibit hall for more information.
Center Leadership
David C. Burdick, Ph.D., SCOSA Director & Professor of Psychology  609-652-4311 David.Burdick@stockton.edu
Lisa E. Cox, Ph.D., Research Chair, Associate Professor of Social Work  609-652-4310 Lisa.Cox@stockton.edu
Christine Ferri, Ph.D., Education Chair, Associate Professor of Psychology  609-626-6040 Christine.Ferri@stockton.edu
Christine Gayda, Ph.D., Service Chair, Visiting Assistant Professor of Psychology  609-626-6075 Christine.Gayda@stockton.edu
Gina Maguire, MSW, LSW, Program Assistant and Adjunct Instructor  609-652-5590 Gina.Maguire@stockton.edu
Anita Beckwith, Program Assistant, Coordinator of Older Adult Education Programs (non-staff) 609-626-3591 abbeckwith@hughes.net
Cheryl Kaus, Ph.D., Dean, School of Social & Behavioral Sciences  609-652-4512 Cheryl.Kaus@stockton.edu

Advisory Board
• Howard Berger, Honorary Member, Past-Chair of Atlantic County Senior Citizens Advisory Board, Northfield
• Frank Blee, Director of Senior Services, Atlanticare, Egg Harbor Township
• Beth Bozzelli, Clerk of the Board of Freeholders, Cape May County
• David Delaney, Reverend, Central United Methodist Church, Retired Public Affairs Specialist, SSA, Egg Harbor Township
• Jennie Echo, Vice President for Clinical Services, Family Service Association, Galloway Township
• John Emge, Executive Director, United Way of Atlantic County, Galloway Township
• Marilu Gagnon, Director, Atlantic County Division of Intergenerational Services, Northfield
• Lori Heberley, President, South Jersey Geriatric Care, P.C., Somers Point
• Joanne Kinsey, Family & Community Health Sciences Educator, Rutgers University Cooperative Extension of Atlantic & Ocean Counties, Mays Landing
• Joanne Leichte, Director of Customer Relations, Southern Ocean Medical Center, Manahawkin
• Elyse Perweiler, Director, NJ AHEC Program, Associate Director for Planning, Development & Public Policy, NJ Institute for Successful Aging UMDNJ-SOM, Stratford

GERO Faculty
• Linda Aaronson, Ed.D., Associate Professor of Nursing
• John Bulevich, Ph.D., Assistant Professor of Psychology, SCOSA Research Fellow
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AtlantiCare’s focus is to serve the community as a provider of health and wellness services.

AtlantiCare is committed to building healthy communities through partnerships with organizations that share its interest in health.

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