

Spring Fitness Classes



Monday & Wednesday Classes

Aerobics

5:30 - 6:30pm
I-wing gym
Faye Gregory
1/18 - 4/29

Zumba

7:00 - 8:00pm
I-wing Gym
Vanessa Scarani (**Monday**)
Maria Roa-McCorkle (**Wednesday**)
1/23 - 4/18

Tuesday & Thursday Classes

Boxercise

6:30 - 7:30pm
I-wing gym
Wayne Nelson
1/17 - 4/30

Yoga

7:00 - 8:00pm
Campus Center Meeting Room 5
Laura Germanio
2/7 - 4/24
No class on 3/8, 3/13 & 3/15

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