Objectives: There are many myths and misconceptions concerning women and their bodies, these myths continue to be believed in our modern society. The best way to deal with these misunderstandings is to provide accurate and factual information to the female health consumer, thereby enabling her to increase her knowledge of the many unique aspects that are part of being a woman.

Course Content: Women and Health focuses on health issues as they relate in particular to women. Topics considered include basic anatomy and physiology, conception and childbirth, contraception, sexuality, health problems unique to women, nutrition and current issues affecting women’s health. Discussion of these topics will include the physiological, psychosocial, cultural and ethical aspects of each issue. A feminist approach is used.

Prerequisites: Not open to NURS majors.

Class Format: Web CT, 2 class meetings, 1 for orientation and 1 for evaluation


Paper/Projects: Weekly discussion questions, 1 research paper

Evaluation: Weekly Discussion questions = 25%
Research Paper = 25%
Mid Term Exam = 25%
Final Exam = 25%
100%
GEN 2510-291
Atlantic City History/Research Methods
Michael Scales
To Be Announced
Summer 2006

Course Content: Students will investigate social, political, economic, environmental, cultural and religious issues of Atlantic City and the surrounding communities.

Attendance: Required.


Laboratory/Field Experience: Off campus research will be required.

Evaluation: Chapter Summaries, Research papers.
Course Content: Introduction to the Pilates-based method and basic principles of Yoga to gain physical awareness, muscular control and an overall sense of balance between the mind and body.

Prerequisites: None

Attendance: Mandatory. Two absences are allotted for injury, illness or personal business.

Class Format: Pilates conditioning exercises and classic Yoga poses will be practiced in each class. Discussion of recognized body therapy methods of training.


Projects: Journal: Log personal progress/observations; Observations: Papers responding to current articles related to health/fitness; Final Paper: Inform/Evaluate on a contemporary fitness plan

Evaluation: Personal Progress – Activity; Written Assignments; Written Exams (2); Final Project

*A Pilates or Yoga mat is recommended.
Objectives: Students taking this course will become more aware of the importance of including multicultural children's literature in the K-8 curriculum.

Course Content: Students will be required to do hands-on book evaluation, research of the various cultures, and prepare a multicultural lesson plan.

Course Description: An overview of theories and practices in multicultural education and a study of trends and developments in multicultural literature written for young children. Specific works will be examined in light of their cultural as well as universal themes. Participants will be expected to develop a study unit that could be used in a home, community or school setting.

Prerequisites: Junior and Seniors only

Class Format: Workshop-oriented with some lecture but more class participation and idea sharing.

Papers/Projects: Students will be required to do a weekly assignment and project, including book evaluations, preparing bibliographies, researching specific cultures, and presenting a complete lesson plan that incorporates multicultural literature.

Evaluation: The assignments/projects will be 80% of the grade; class participation 20% of the grade.