



## **Stockton Center on Successful Aging Partners with Arthritis Foundation For Festival and Health Summit**

Events Set for May 23; First 300 Registrants Get Free Lunch

### ***For Immediate Release***

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**Galloway Township, NJ-** The Stockton Center on Successful Aging (SCOSA) will present its Annual Aging Successfully Festival on **Thursday, May 23, 2013** from 9 a.m. to 4 p.m. in the Campus Center on Stockton's Galloway Campus.

The Arthritis Foundation of New Jersey will be joining SCOSA in presenting a Health Summit, which was postponed from last October due to Hurricane Sandy.

The joint program, titled "Journey to Health ... Unleash the Power of Age" refers to steps those age 50 and over can take to prepare for happy, healthy and meaningful later years.

Admission is free to all and it is not necessary to attend the entire day. No pre-registration is needed; however pre-registration is required to receive a free lunch provided to the first 300 registrants. Contact Helen Crilley at [HCrilley@arthritis.org](mailto:HCrilley@arthritis.org) or (856) 673-1360 to register.

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The event, a celebration of Older Americans Month, features 22 educational sessions, musical performances, health screenings and 25 or more exhibitors. Ample parking in lots 3 and 4 is directly in front of the building.

Program highlights included a 9:30 a.m. Keynote on “Arthritis & the Savvy Consumer” by Dr. George Halko, DO, followed by a 10:30 screening of the inspirational 90-minute movie “Honor Flight, One Last Mission” about getting four aging World War II veterans from Ohio to the opening of the WWII Memorial in Washington, D.C.

At 1 p.m. there will be panel discussion on “Pathways to Engagement and Empowerment in the Last Third of Life” featuring SCOSA director Dr. David Burdick, the Rev. David Delaney, Dr. Jean Mercer, a retired Psychology professor, Sally Nunn, director of the Ethics Network of the Delaware Valley Region (ENDeVar) and retired Stockton Bjork Library Director David Pinto.

Other afternoon sessions include tai chi, meditation, and a session on effective political engagement by Linda Coppinger, executive director of the Alzheimer’s Association, Delaware Valley Chapter.

Exhibitors and vendors will be available throughout the day to provide information on their services.

For more information and updates visit the SCOSA Web site at [www.stockton.edu/scosa](http://www.stockton.edu/scosa) or call 609-652-4311.

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