



Stockton Center on Successful Aging Lecture to Discuss the Nature of Human Beliefs

Scholarly Research Lecture by Dr. Andrew B. Newberg Set for March 5

For Immediate Release

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Galloway Township, NJ- The nature of human beliefs and how they evolve over a lifespan is the topic of the next Stockton Center on Successful Aging (SCOSA) scholarly research lecture.

“Beliefs, Brain Science and Neurotheology Across the Lifespan” is scheduled for **Tuesday, March 5, 2013** from 10:30 a.m. to 12 p.m. in the Stockton College Campus Center Theatre on the College’s Galloway campus. The lecture is part of the Holistic Health Minor Conference and Wellness Day at Stockton.

Andrew B. Newberg, M.D., director of research at the Myrna Brind Center for Integrative Medicine at Thomas Jefferson University Hospital and Medical College, will be the keynote speaker at Wellness Day. He is an adjunct assistant professor in the Department of Religious Studies at the University of Pennsylvania and co-author of *Words Can Change Your Brain: 12 Conversation Strategies to Build Trust, Resolve Conflict, and Increase Intimacy* (Hudson Street Press, 2012) and author of *How God Changes Your Brain: Breakthrough Findings from a Leading Neuroscientist* (Ballantine, 2009).

The lecture will review the most recent scientific and theological information on the nature of human beliefs and how these beliefs change across the lifespan. By integrating data on the developing brain with what is known about spiritual development, a new perspective on the relationship between spirituality and the brain can be considered. In addition, the new field of neurotheology, which helps to link how the brain works to religious and theological concepts, will be discussed. Ultimately, this information will have implications for healthy aging and maintaining optimal spiritual and brain health.

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The objectives of the lecture include understanding how spiritual development is related to brain development, the relationship between the brain and religious and spiritual beliefs, the basic aspects of the field of neurotheology, and how spiritual health and mental health are related.

Registration is not necessary, and the seminar is free of charge. For seminar information contact Lisa Cox at 609-652-4310 or Lisa.Cox@stockton.edu. For updates and cancellation procedures visit the SCOSA website www.stockton.edu/scosa.

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