

Office of Public Relations  
Galloway Twp., NJ 08240

## **Stockton Center on Successful Aging Offers “Aging Successfully With (or Without) Money”**

*Event Set for 4:30 P.M. on Thursday, October 23, 2008 in Upper G-Wing Lounge  
on the Galloway Twp. Campus*

### **For Immediate Release**

Wednesday, October 08, 2008

**Contact:     Tim Kelly  
                  Jessica Hudson  
                  Stockton Public Relations  
                  (609) 652-4950**

**Galloway Twp., NJ** – “Aging Successfully With (or Without) Money”, a lecture sponsored by the Stockton Center on Successful Aging (SCOSA) on Thursday, October 23, 2008 will run from 4:30 to 5:30 P.M. in Stockton College’s Upper G-Wing Lounge. Dr. Marcello Spinella, Associate Professor of Psychology will address contemporary research findings that suggest effective strategies for living well with money.

This lecture is the first one in an eight-part SCOSA Scholarly Lecture Series. Throughout the academic year, presentations will be featured on topics such as travel and tourism, crime and aging, reining in the national debt, energy conservation, disaster preparedness for diverse and vulnerable populations, the potential for immortality, and “Moral Lessons from the 13th Century Death of King Arthur.”

Spinella’s lecture is also part of a new initiative sponsored by the American Association of State Colleges and Universities. The Richard Stockton College of New Jersey is one of nine institutions chosen to participate in this new initiative called “America’s Future: Protecting the Fiscal Health of Our Democracy.” This program is part of a nationwide effort to aid college students in educating themselves and their communities about the need for bipartisan solutions to the nation’s mounting debt.

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## **Stockton Offers Lecture on “Aging Successfully With (or Without) Money” / page 2**

Dr. Spinella is Associate Professor of Psychology and has taught and performed research at Stockton since 1999. Prior to joining the Stockton faculty he trained and practiced clinical neuropsychology. His areas of specialty include positive psychology, mindfulness, neuropsychology, psychoactive herbal medicines and addictive behaviors.

Spinella’s talk will explore why money is an essential component of living in contemporary society. There are many resources available to learn how to make and acquire money successfully. However, there is very little information disbursed to guide people on how to live with money and experience happiness. His lecture will address practical questions about money including the topics of:

- **The relationship between money and happiness**
- **How much money is enough money**
- **How a balance can be struck between spending and saving**

One hour of Continuing Ed credit is available for Social Workers and other professionals who attend the lecture. For additional information, please visit [www.stockton.edu/scosa](http://www.stockton.edu/scosa) or call SCOSA at (609) 626-3591. This event is free and open to the public.

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