

Stockton's Manahawkin Instructional Site Hosts Session on Osteoporosis, Spine Compression

Dr. Natacha Falcon to Speak at Free Lunch & Learn on Nov. 20

For Immediate Release; with Falcon headshot attached

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Galloway, NJ – Stockton University, in collaboration with AtlantiCare Regional Medical Center and Rothman Institute, will host a Lunch & Learn session on “Osteoporosis, Spine Compression and Fractures” on **Friday, Nov. 20 from 12 p.m. – 1 p.m.**

The Lunch & Learn will be held at the Manahawkin Instructional Site, located at 712 E. Bay Ave., Manahawkin, N.J. The event is free and open to the public, and lunch will be provided. To register, call the Manahawkin Instructional Site at 609-626-3883.

Dr. Natacha Falcon, a board certified Physical Medicine & Rehabilitation (PM&R) physician at Rothman Institute, will present an interactive seminar on the effects and treatments of osteoporosis, spinal compression and fractures.

Osteoporosis is a thinning of the bones due to loss of proteins, calcium and other minerals, which pre-disposes one to fractures and can result in pain and loss of height. It is common in older adults, and affects both men and women regardless of race or ethnicity.

Dr. Falcon was selected as the Reader's Choice “Top Physicians” in 2012 and 2013 by South Jersey Magazine. She has an interest in health and fitness and is a member of the National Physique Committee. Her academic memberships include International Spine Intervention Society and American Academy of Physical Medicine & Rehabilitation.

She completed both her residency in PM&R and her fellowship in Interventional Spine at the University of Pennsylvania. Dr. Falcon received her bachelor's degree from the University of Florida in Exercise & Sports Sciences.

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