

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY

Office of Public Relations
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New Jersey Health and Human Services Commissioner to Speak on Health Disparity Issues

For Immediate Release

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Galloway Twp., NJ – Fred M. Jacobs, M.D., J.D., New Jersey's Commissioner of Health and Human Services, will make a presentation and field questions on several critical public health issues including disparities that exist in the health care system today. Childhood obesity, secondhand smoke and other issues will be discussed.

Like the rest of the nation, New Jersey is facing a growing epidemic of childhood obesity. Obesity places young people at risk of lifetime health problems including high cholesterol, high blood pressure, early heart disease, angina, congestive heart failure, stroke, several types of cancer, asthma, type 2 diabetes, insulin resistance and other chronic conditions.

Promoting healthy nutrition and physical activity are two important ways that New Jersey schools can help our children to maintain healthy lifestyles. The new school nutrition policy must be implemented by the end of September. Therefore, this fall is a key time to reinforce the importance of a healthy diet and exercise to the health and well-being of our children.

Commissioner Jacobs will also discuss the health dangers of exposing children to secondhand smoke in their homes and in cars. The goal of this campaign is to educate parents and children about the life-long health effects of childhood obesity and secondhand smoke and the benefits of a healthy and nutritious diet with regular exercise.

Who: Fred M. Jacobs, M.D., J.D., New Jersey's Commissioner of Health and Human Services

What: Dr. Jacobs will speak to a group of students of The Richard Stockton College of New Jersey about health disparity issues including childhood obesity, diabetes and secondhand smoke.

Where: The Townsend Residential Life Center on the Galloway Township Campus of The Richard Stockton College of New Jersey

When: Friday, Sept. 14, 11 a.m.

The event is co-sponsored by Stockton's Office of Student Development and The Stockton Public Health Society. For more information call Dianne Hill-Stalling, Assistant Director of Student Development at (609) 652-4205. The event is free and open to the public.

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