

# STOCKTON COLLEGE

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY



## Atlantic City Free Public Library OASIS Program Partners with Stockton Center on Successful Aging to Develop Monthly Speakers Series

First Two Lectures Scheduled for January 10, February 28

### ***For Immediate Release***

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**Galloway Township, NJ-** The Stockton Center on Successful Aging (SCOSA) has partnered with the Atlantic City Free Public Library's Older Adults Special Interest Series (OASIS) to bring relevant and enjoyable educational opportunities to older adults in Atlantic County.

The lectures will be held at the Atlantic City Free Public Library, located on 1 Tennessee Avenue in Atlantic City from 10:30 a.m. to 11:30 a.m., usually on the first or last Monday of each month.

The first in the series is scheduled for **Monday, January 10, 2011** and is titled "The Art of the Scam—Scams and Frauds." The presenter will be Maura Attardi from Money Management International, a non-profit credit counseling organization and a SCOSA partner. Statistics show that criminals scam victims out of billions of dollars every year using various types of fraudulent activities. Participants will learn how to avoid becoming a victim, how to recognize the tricks of a con artist and the tell-tale warning signs of a scam.

The second in the series is scheduled for **Monday, February 28, 2011** and is titled "Unconditional Happiness: Is It Possible and How." The presenter will be Marcello Spinella, PhD, an associate professor of psychology at Stockton College. The presentation will answer the question of whether or not it is possible to live a life free of suffering, and if it is possible on some level, how one can achieve the resulting happiness. Spinella's talk covers what is meant by happiness, and why it is an important part of life and more than just a matter of feeling good. Spinella will also discuss how a person can develop a deep and enduring sense of well-being by developing a variety of internal skills and strengths.

For more information on the upcoming speakers series, please contact the Stockton Center on Successful Aging at 609-626-3591 or Mimi Lee, outreach and events coordinator at the Atlantic City Free Public Library, at 609-345-2269 ext. 3115. A complete listing of SCOSA events, including those in the OASIS Program, can be viewed at [www.stockton.edu/scosa](http://www.stockton.edu/scosa). **-more-**

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**About the OASIS Program:** The Atlantic City Free Public Library provides programs designed for senior citizens at 10:30 a.m. on Mondays. OASIS, the Older Adults Special Interest Series, covers topics that affect and are of interest to seniors. All programs are free and take place in the second-floor meeting room of the main library. Light refreshments are provided.

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