



Noted Radio Host Dr. Dan Gottlieb and All-Star Panel to Highlight Stockton Aging Successfully Festival on May 15

Stockton Center on Successful Aging Welcomes Psychologist, Author and Host of National Public Radio's *Voices in the Family*

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Galloway Township, NJ- The Stockton Center on Successful Aging (SCOSA) announced that a lecture and panel discussion led by noted radio host Dr. Dan Gottlieb will be among the highlights at SCOSA's Successful Aging Festival on May 15, 2012 in Stockton's new Campus Center.

The Festival, which runs from 9 am to 4 pm, is free and open to the public. It celebrates the "Never Too Old to Play" theme of Older Americans Month with over 25 workshops, activities, performances, tours, organic plant sale and 50 exhibitors.

Dr. Gottlieb's panel is set for 1 to 2:20 pm, and will focus on "*Nurturing Mind, Body & Spirit*" through active and meaningful involvements with community and family. Joining Gottlieb will be Willo Carey from WHYY and Executive Director of Wider Horizons and Coming of Age, Jeff Gitterman, founder/CEO of Gitterman Wealth Management and author of "Beyond Success", and William Elliott, co-founder of the HERO Campaign for Designated Drivers.

The panel will be followed at 2:30 pm by breakout sessions led by panelists. Gottlieb will join SCOSA Graduate Intern Gina Maguire with members of SCOSA's *Time to Tell*, an autobiographical writing group, and two talented undergraduate students from the Aging and Spirituality class. Carey will discuss innovative 55+ civic engagement programs sponsored by Wider Horizons and Coming of Age, and Gitterman will discuss "Creating Retirement Income in an Uncertain World". Representatives of the HERO Campaign will be available to discuss the program with those who would like to get involved.

In 1979, Gottlieb was involved in an accident leaving him paralyzed from his chest down. Despite the depression and despair of dealing with his accident, significant family loss and a difficult divorce, for the last three decades, Gottlieb has been "observing life with passion and reflection and learning valuable lessons about what it means to be human and how to find peace in the wake of suffering." Besides hosting *Voices in the Family*, Gottlieb is a regular on NPR's *Morning Edition*, has a column in the Huffington Post, and is a much sought after public speaker. Gottlieb's resilience in the face of adversity is a perfect exemplar of "successful aging" in today's complex world.

Other Festival highlights include two presentations by Mike McGrath, host of WHYY and NPR's *You Bet Your Garden*. Mike will give his ever-popular presentation: "Grow Your Best Tomatoes Ever" (24 varieties of Heirloom Tomatoes and other organic plants grown by Stockton's Sustainability: Food & Agriculture class will be available for sale throughout the day.) Also, a Safety Panel by the Alzheimer's Association, Delaware Valley Chapter, musical performances by Lyric Winds and others, visits to the Geodome, the Holocaust Resource Center and the new college Art Gallery, and presentations by notable Stockton faculty including former provost Dr. David Carr, Dr. Jessica Fleck, Dr. Elaine Bukowski, Professor Michael Pedicin, and others.

The event is free, but donations are greatly appreciated to help defray expenses and further advance SCOSA's mission. For more information, visit the SCOSA website www.stockton.edu/scosa.