

## Stockton Center on Successful Aging Presents 'Defining Cognitive Changes in Late Adulthood'

Continuing Education Credits Available; Lecture Set for Sept. 30

### ***For Immediate Release***

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**Galloway, NJ** – The Stockton Center on Successful Aging (SCOSA) is co-sponsoring a professional lecture titled, "New Guidelines in Defining Cognitive Changes in Late Adulthood," on **Wednesday, Sept. 30 from 4:30 – 7:30 p.m.** at Brookdale Cape May, located at 591 S. Route 9 in Cape May Court House.

SCOSA, Right at Home of Linwood, and Brookdale Cape May are sponsoring the lecture, presented by Christine Gayda-Chelder, assistant professor of Psychology at Stockton and SCOSA service chair.

The seminar, designed for professionals, para-professionals, and other caregivers who work with older adults, is free of charge and includes complimentary dinner. Registration and dinner begin at 4:30 p.m., with the lecture starting at 5 p.m.

Upon completion, participants will receive two continuing education credits for social workers, marriage and family therapists, and licensed professional counselors, and two contact hours for nurses.

Stockton University is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The purpose of the program is to address the gaps in knowledge about the new Diagnostic and Statistical Manual of Mental Disorders (DSM-5) guidelines for patients with Neurocognitive disorders and the implications for diagnosis, research, and working with patients and their families.

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Gayda-Chelder will discuss what is known about cognition in late adulthood from medical, genetic and neurocognitive research; describe the new criteria for diagnosing both minor and major neurocognitive disorders; summarize the terminology proposed by National Institute on Aging (NIA) and the Alzheimer's Association; and explain how to apply the newly developed diagnostic criteria in helping patients and families.

Gayda-Chelder earned a Ph.D. in Clinical Psychology with a sub-specialty in Neuropsychology from Drexel University. She is a New Jersey licensed psychologist in private practice who specializes in health psychology and neuropsychological assessment. She began teaching at Stockton in 1998 as an adjunct instructor.

Her areas of research include the early detection of dementia and cognitive enhancement among older adults.

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