

Stockton Center on Successful Aging Presents Free 'Food for Thought' Workshop for Older Adults

Learn about Managing Credit on May 4 in Mays Landing, N.J.

For Immediate Release

Tuesday, April 5, 2016

Contact: Maryjane Briant
News and Media Relations Director
Galloway Township, NJ 08205
Maryjane.Briant@stockton.edu
(609) 652-4593

Galloway Township, NJ – The Stockton Center on Successful Aging is sponsoring a free workshop titled, “Managing Credit,” for older adults at Woodview Estates Assisted Living, 5030 Unami Blvd., Mays Landing, N.J. on **Wednesday, May 4** from 1-3 p.m.

Older adults from the community are invited to attend. The complimentary luncheon begins at 1 p.m. and is donated by Woodview Estates. The workshop is presented by Money Management International, a non-profit credit counseling service.

Credit is an important part of a sound financial plan when it is managed responsibly. This workshop will teach participants when to use credit, how to identify and avoid predatory lenders, and how to compare credit cards for the best value.

Participants will learn how to:

- Identify best practices for using credit;
- Determine when to use credit or save and pay cash;
- Examine a credit statement and compare credit card interest rates;
- Understand the ramifications of predatory lending and identify alternative lending options.

Call 609-625-4878 or email residentservices@woodviewestates.com for directions and to register for this free workshop.

Visit the SCOSA website at www.stockton.edu/scosa for more information, updates and cancellation procedures.

#