

**THE RICHARD STOCKTON COLLEGE OF NEW JERSEY**

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Office of Public Relations  
Galloway Twp., NJ 08240

## **Stockton Festival on Successful Aging Celebrates Older Americans Month**

### **For Immediate Release**

Wednesday, May 14, 2008

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**Galloway Twp., NJ** – On Thursday, May 29, 2008 from 10:00am – 3:30pm (rain or shine) Stockton College will host a series of activities and workshops designed to help middle-aged and older adults to “age successfully”. The festival celebrates Older Americans Month and commemorates the 30<sup>th</sup> anniversary of the college’s gerontology program, and the first-year anniversary of the Stockton Center on Successful Aging (SCOSA). The theme for the day’s events will reflect SCOSA’s motto: *to nurture body, mind, and spirit through research, education, and service.*

Highlights include twenty-five presentations on topics such as health and wellness, Tai Chi and Yoga, financial management, brain health, and civic engagement/environmental awareness. Also featured will be a performance by “Pop Quiz” (the Stockton Faculty Band) with a playlist from the 60’s and 70’s and classic jazz, birding tours of Lake Fred, campus tours by the Admissions Office and presentations by the Performing Arts Center (PAC) and Stockton’s Geothermal Energy Programs, in addition to other events. A special lecture by Sy Larson, President of AARP - NJ will run from 11:45am-12:30pm in the PAC entitled “Divided We Fail” on the topic of health care financing and reform.

The Festival is co-sponsored by the Atlantic County Division of Intergenerational Services and the Galloway Township Department of Senior Services, and is concurrently offered with Stockton’s Employee Wellness Day. The combined event will include over 50 exhibitors, and provide a number of basic health screenings. Admission and parking is free. For details, a full schedule, and an online survey to record your preferences for presentations and lunch, please visit [www.stockton.edu/scosa](http://www.stockton.edu/scosa). For additional information or questions, please call Anita Beckwith, the SCOSA Program Assistant at (609) 626-3591.

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