

STOCKTON COLLEGE

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY



Stockton Presents Seven Habits of Highly Effective People

For Immediate Release

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Galloway Township, NJ- Dr. Kathleen M. Sullivan will share insight with the Stockton community from one of the most influential and bestselling business texts of the twentieth century. The Stockton Center on Successful Aging will present a lecture titled “**Seven Habits of Highly Effective People**” on **April 29, 2009 at 6:00 pm** in the newly renovated **Alton Auditorium**. "Seven Habits" is a widely acclaimed program that focuses on proven principles of fairness, integrity, honesty and human dignity. Dr. Kathleen M. Sullivan, Senior Director of Service and Spiritual Programs at the University of Notre Dame (Indiana) and a Certified Covey Trainer, will discuss the program that helps people solve personal and professional problems.

While working on his doctorate in the 1970s Stephen R. Covey reviewed research on success. His review revealed that focus on specific solutions to specific problems was the norm. Long-term, underlying issues and problems remained unaddressed and presumably unresolved. The clarion call arose for a more systematic approach to address this deficit. Out of that research came “The Seven Habits of Highly Effective People,” a book that presents an "inside-out" approach to effectiveness that is centered on principles and character.

Dr. Sullivan joined the Notre Dame Alumni Association in 1987 after receiving her doctorate in English from Notre Dame. In addition to her duties in the Alumni Association, she teaches in Notre Dame’s First Year of Studies Program. Under Sullivan’s leadership, several major programs have evolved at Notre Dame, including the Hesburgh Lecture Series sponsored by ND Alumni Clubs throughout the world, seminars at class reunions, the alumni college summer program, and several campus seminars such as sessions on medical ethics, management activity, and the Excellence in Education program for K-12 grade teachers.

In 2004, Sullivan produced the video — “A Man for All Generations: Life Lessons from Fr. Ted Hesburgh.” This year’s Hesburgh Lecture will be the fourth presented by Stockton in partnership with the University of Notre Dame Alumni Club of South Jersey. The lecture is free and open to the public.

For additional information, please call 609-652-4311, or go to www.stockton.edu/scosa.

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