

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY

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The Richard Stockton College of New Jersey Explores Science of Successful Aging

For Immediate Release

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Galloway Township, N.J. - The Stockton Center on Successful Aging and the School of Social and Behavioral Sciences will sponsor a lecture on "The Science of Successful Aging" by Dr. Rachel Pruchno, on March 13, 2008 from 4:30 p.m. – 6 p.m. in Room F-111 on Stockton's main campus.

Pruchno is Director of Research at the New Jersey Institute for Successful Aging and University Professor and Endowed Professor of Gerontology at the University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine (UMDNJ-SOM).

Pruchno will discuss her *Ongoing Research on Aging in New Jersey* (ORANJ Bowl) dataset and study. ORANJ Bowl is a major survey research program and longitudinal health study of approximately 10,000 participants between the ages of 50 and 74. Participants provide information on their physical health, functional capacity, emotional health, well-being, health behaviors and health conditions as well as lifestyle, financial, and demographic information. They are assessed annually over many years in order to show trends among many individuals.

"We are pleased to sponsor Dr. Pruchno's lecture at Stockton", said SCOSA Research Chair, Dr. Lisa Cox. "Her past research on topics such as relocation trauma among the frail elderly, and the family caregiver burden, has made important contributions to the scientific literature. Her current longitudinal study is particularly notable as we try to better understand why some people seem to thrive in later years, and others decline swiftly."

Pruchno has received a continuous flow of grant funding support for her research projects throughout her 25-year career. She is affiliated with the National Institutes of Health, has been a reviewer for several peer-review journals, and presently serves on the editorial board of *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences*.

The next lecture in this series, on April 17 at 7:00 pm in the Alton Auditorium, features Dr. Walter Nicgorski, Professor of Political Science & Liberal Studies at the University of Notre Dame. Nicgorski's lecture, co-sponsored by the South Jersey Notre Dame Club will be on the topic "Classical Perspectives on Friendship and Aging."

SCOSA's mission is to develop programs that promote healthy, successful and civically engaged aging among New Jersey's rapidly growing older population. For more information on SCOSA go to www.stockton.edu/agingcenter or call (609) 652-4311.

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