



## Stockton Center on Successful Aging Presents *Efficiently Independent – Save Energy, Save Money*

Free Information Workshop on Reducing Energy Use and Saving Money  
with Free Winterization Services for Seniors at Campus Center March 7

### ***For Immediate Release***

Monday, February 20, 2012

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Galloway Twp., NJ - The Stockton Center on Successful Aging (SCOSA) and NJPIRG's Energy Service Corps at Stockton have planned a free information session on reducing energy use and costs through winterization services on March 7, 2012 at 10:30 am in Stockton's Campus Center, Meeting Room 1, Galloway.

Escalating energy demands and costs, climate change and environmental degradation combined with uncertain financial times are placing increased strain on both the planet and its inhabitants. For traditionally underserved or at-risk groups these strains are more intense. Older adults are one group that is particularly affected as they struggle to make ends meet on limited/fixed income, often in older and less efficient homes.

However, simple and effective steps can be taken to help seniors maintain comfort and well-being while reducing their costs and their demand for energy. Learn how to reduce your energy use and save money on utilities while learning about programs available to you to help you remain independent through rebates and services to help pay bills. NJPIRG's Energy Service Corps can also provide free individual winterization services to homeowners.

Weatherization will consist of Stockton Energy Service Corps members doing an energy audit of the home and then proceeding to make simple weatherizations such as caulking windows, replacing incandescent light bulbs with more energy efficient options, and correctly setting

thermostats. These simple changes can save up to 30 percent on utility bills and greatly reduce the amount of energy used in the home.

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