

STOCKTON COLLEGE

THE RICHARD STOCKTON COLLEGE OF NEW JERSEY



Stockton Center on Successful Aging Announces First Wednesday Professional Lecture for August 3, 2011

Anxiety Disorders is scheduled at the Health Center at Galloway

For Immediate Release

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Galloway Township, NJ- The Stockton Center on Successful Aging (SCOSA) announced the next professional workshop in the "First Wednesday" series designed to help professionals working with older adults, scheduled for Wednesday, August 3, 2011 from 7:30 a.m. to 9:00 a.m. at the Health Center at Galloway, located at 66 West Jimmie Leeds Road, Galloway, NJ 08205.

The workshop is titled ***Anxiety Disorders*** and presented by Christine Ferri, Ph.D., Education Chair of the Stockton Center on Successful Aging and Associate Professor of Psychology at the Richard Stockton College of New Jersey.

This lecture describes the anxiety disorders in DSM-IV, including risk factors, warning signs, and best practices for psychosocial treatments, with special emphasis on anxiety disorders in older adults. It also provides participants with practical strategies that can be used to assist people who are struggling with anxiety disorders, in addition to appropriate referral paths.

Objectives for this seminar:

- Describe the symptoms of anxiety disorders according to DSM-IV.
- Identify issues unique to anxiety disorders in older adults.
- Apply cognitive-behavioral intervention techniques in a case example of a patient with an anxiety disorder or implementation.

The seminars, designed for professionals, para-professionals, and other caregivers who work with older adults are free of charge and include a full breakfast. Upon completion, participants will receive 1 CE for Social Workers, Marriage and Family Therapists, and Licensed Professional Counselors. Online advanced registration is required by 5:00 p.m. on Friday, July 29, 2011 and can be accessed via the SCOSA website at www.stockton.edu/scosa. For more information contact: Sherri Ridgway at (609) 748-9100 or SCOSA at (609) 652-4311.

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