Stockton Center on Successful Aging

2012 AGING SUCCESSFULLY FESTIVAL
Never Too Old to Play

MAY 15, 2012
9:00 AM TO 4:00 PM

CAMPUS CENTER
RICHARD STOCKTON COLLEGE OF NJ
GALLOWAY, NJ

Celebrating Older Americans Month
May 15, 2012

Dear Guests:
Welcome to Stockton’s main campus and our Festival on Successful Aging celebrating Older Americans Month. I hope you will find your visit to campus both enjoyable and educational. Stockton is New Jersey’s Distinctive Public College, and one thing that makes us distinctive is our commitment to the well-being of our region’s citizens of all ages.

Stockton’s commitment to the needs of older residents dates to the college’s founding 40 years ago. Shortly thereafter, a small group of faculty gathered and formed a Topical Concentration in Aging. Over the years, the program evolved as has the college, and changed to a Supporting Studies, then a Certificate, and now a Minor that offers several courses to hundreds of students per semester, preparing the next generation of leaders in the field of aging. Over 600 students have earned certificates or minors in gerontology.

The Stockton Center on Successful Aging (SCOSA), formally established in September of 2007, contributes immeasurably to Stockton’s state and national leadership in aging studies. The Center’s Mission: “To Nurture Body, Mind, and Spirit, through Research, Education, and Services” resonates remarkably with the Stockton College Mission. In addition, several of today’s sessions are aligned with our 2020 values: “The Richard Stockton College: an environmentally-responsible learning community of engaged citizens embracing a global perspective.”

Enjoy your day and please come back often to visit all that Stockton has to offer through our Art Galleries, Performing Arts Center, Library, and other on-campus resources and programs. I also hope you will visit us at the Dante Hall & Carnegie Library Center in Atlantic City, the Noyes Museum in Oceanville and Hammonton, our satellite educational centers in Hammonton and Manahawkin, and at the Stockton Seaview Resort.

Best Wishes,

Dr. Herman J. Saatkamp, Jr.
President
Welcome to Stockton and our Festival on Successful Aging. We hope you will enjoy your visit, attend some informative and stimulating presentations, gather information from many exhibitors, listen to some great music, and learn more about everything that Stockton has to offer. Throughout the day you’ll experience opportunities that demonstrate SCOSA’s mission of “Nurturing Body, Mind, and Spirit through Research, Education and Service”. As you’ll see in the enclosed schedule there is something for everyone!

Today’s Festival serves several purposes:

- Celebrates May as Older Americans Month.
- Celebrates the 34th Anniversary of our Gerontology Program, which has graduated over 600 students since its inception.
- Celebrates the end of a very productive 5th year for the Stockton Center on Successful Aging (SCOSA).
- Helps us highlight all that SCOSA has to offer and invite you to join in our upcoming events.
- Raises needed revenues to support our programming and growth.

Thanks to the support from our sponsors, exhibitors, advertisers, and those who contribute their time and expertise all events are free-of-charge. Special thanks to Dale Blair and Willo Carey from WHYY, and Nancy Henkin from Temple University’s Intergenerational Center for assistance in envisioning and promoting today’s event, and to Anita Beckwith for everything she has done to make today possible.

This event and our Older Adult Education Program are partially funded through Older Americans Act funds provided to SCOSA by Atlantic County Government. The Act requires us to inform you that your voluntary donations to SCOSA are welcome, and will be used to develop and operate future programs. Donations are not a fee and not required.

Today’s Festival represents only a small portion of SCOSA’s efforts. Please refer to our website regularly for news of all events (stockton.edu/scosa). Also, by registering at today's event, we’ll have your name and contact information so we can keep you up-to-date on various offerings.

Sincerely,

Dave Burdick, SCOSA Director
## Schedule at a Glance

<table>
<thead>
<tr>
<th>Location</th>
<th>9:00 - 9:35</th>
<th>9:45 - 10:20</th>
<th>10:30 - 11:10</th>
<th>11:20 - 12:00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Campus Ctr</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Theatre</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trustee Room</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Event Room</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meeting Room 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meeting Room 2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meeting Room 3</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meeting Room 4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grand Hall</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coffee House</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wings:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dance Studio (K)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Holocaust Center (E)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Art Gallery (L)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F Wing Room F-109</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Events:

- **1** Alzheimer's Panel
- **8** Your Lawn Off Drugs!
- **12** Joy of Jazz
- **13** Butterfly Landscapes
- **9** Grow Your Best Tasting Tomatoes
- **14** Medicare 2012
- **15** Save Money & Energy
- **16** Arthritis
- **17** Playing in Nature
- **18** Productive Aging
- **19** Save Money & Energy
- **20** Maintaining a Healthy Mind
- **21** Memory Screening
- **22** Depression Screening
- **23** Reiki
- **24** Senior Stretch
- **25** Tour & Film
- **26** Lyric Chamber Winds Musical Performance
- **27** Geodome Demonstration & Music

**~Exhibitors and Book Sales throughout the day~**
<table>
<thead>
<tr>
<th>Time</th>
<th>12:00 - 1:00</th>
<th>1:00 - 1:35</th>
<th>1:40 - 2:20</th>
<th>2:30 - 3:10</th>
<th>3:20 - 4:00</th>
</tr>
</thead>
<tbody>
<tr>
<td>08-10</td>
<td>Nurturing Body, Mind &amp; Spirit Panel</td>
<td>Time To Tell Stories</td>
<td>Travel Photography</td>
<td>Retiremnet Income</td>
<td>Healthy Brain</td>
</tr>
<tr>
<td>08-11</td>
<td>Medicare 2012</td>
<td>Community Involvement</td>
<td>HERO Campaign</td>
<td></td>
<td></td>
</tr>
<tr>
<td>08-15</td>
<td>Test Your Hearing Clinic &amp; Screening</td>
<td>AtlantiCare for Seniors</td>
<td>Campus Tour</td>
<td></td>
<td></td>
</tr>
<tr>
<td>08-21</td>
<td>Works on Paper, Prints from Brodsky Center for Innovative Printmaking</td>
<td>Chair Yoga</td>
<td>Meditation</td>
<td>Active Forever</td>
<td></td>
</tr>
<tr>
<td>08-28</td>
<td>Senior America</td>
<td>Geodome Demonstration &amp; Music throughout the day in F Wing Atrium (see map)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>08-31</td>
<td>Campus Tour</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Location Changes - Updated 5/14/12**
Holocaust Resource Center
Library
GeoDome

Off-Campus Eateries:
Celinas & Saladworks on Jim Leeds (across from hospital) & Jo-Jo’s Pizza at intersection of Duerer St & Jim Leeds

On Campus Eateries:
Dunkin Donuts in the Coffee House & Osprey Food Court on lower level with: Primo’s Prizza, Dina’s Deli, Passports, and 360 Marketplace
Panel Discussions

1. **Alzheimer’s Safety Forum Panel Discussion** hosted by Meredith Gordon of the Alzheimer’s Association-Delaware Valley chapter: a panel of experts from the Atlantic County Sheriff’s Office (Frank Balles, Sheriff), the Atlantic County Office of Emergency Management (Edward Conover, Deputy Emergency Manager), and professionals specializing in home (Doug Schindler, Independent Home Living) and legal/financial safety (Michael Weinraub, Esq., Elder Law Attorney). Discussions will focus on preparing and responding to an unexpected disaster; safety proofing your home for your loved one with dementia; employing safeguards against financial scams; and accessing community safety resources and programs.

2. **Nurturing Body, Mind, and Spirit** - despite, or sometimes because of personal hardships and tragedies, we can still find meaning in life.

   Hosted by:
   - Dan Gottlieb, Ph.D., WHYY and NPR Host of *Voices in the Family* will discuss ways to nurture body, mind and spirit in the later years.
   - Willo Carey (Executive Director of WHYY’s *Wider Horizons*) will explain how *Wider Horizons* is designed to encourage older adults to seek meaningful engagement in their communities.
   - Jeffrey Gitterman (Gitterman & Associates Wealth Management, LLC) will share the general theme of his book *Beyond Success: Redefining the Meaning of Prosperity* and how we can seek and find meaning in life through connection with community, environment, caring for others.
   - Bill & Muriel Elliott (founders of the HERO Campaign for Designated Drivers) will discuss this national campaign’s mission to promote the use of sober designated drivers to prevent drunken driving tragedies.

Lectures

3. **Aging Well with Chi Gong & Tai Chi: Enhance your Breathing, Posture & Balance** by Wayne Mesiano. An educational lecture on stress management through experiential exercises and simple yet practical forms of Chi Gong and Tai Chi that you can apply to your daily life. Learn to create more efficient breathing to help with sinuses, allergies, asthma and improve lung conditions. Practice easy standing forms to encourage spinal alignment to build good posture and muscle tone for healthy support of bones and joints. Improve balance with weight bearing movements without the high impact of strenuous exercise and with hand-eye coordination techniques.

4. **AtlantiCare Services for Seniors.** For over 20 years, AtlantiCare has been meeting the home care needs of the community with high-quality, compassionate in-home care and medical services. They care for those who are convalescent, chronically ill and disabled – helping clients stay as healthy, comfortable and independent as possible in their own familiar surroundings. AtlantiCare provides a full range of in-home services from helping with light household chores to full-time medical care, including hospice care. Learn more about those Services.
Community Involvement by Willo Carey, Executive Director of WHYY’s Wider Horizons. Willo has recently been focusing on civic engagement and learning opportunities as a founding partner in Coming of Age, a Philadelphia-based national initiative to inspire people 50+ to connect and contribute to their community. She will discuss new ideas about this time of life and opportunities WHYY offers for exploring your future.

Creating Retirement Income in an Uncertain World by Jeffrey Gitterman. When “return on investment” takes a backseat to “reliability of income”, you know that retirement has arrived. You are counting on the assets that you have accumulated over the years to provide a reliable and sustainable stream of retirement income. Jeff will discuss this transition along with distribution strategies that can be part of your plan. He will include in the discussion: Creating a “Retirement Paycheck”, Asset Allocation vs. Product Allocation, and alternatives to the stocks and bonds that may be part of your plan.

Gaming for a Healthy Brain by Jessica Fleck, Ph.D., Associate Professor of Psychology. Maintaining a healthy brain is critical for successful aging. However, we often think about the work involved in this process as too time-consuming, too expensive, or too overwhelming to incorporate into our daily lives. Gaming for a Healthy Brain will discuss the impact that playing computer games can have on the physical brain, memory, and quality of life. The talk will showcase some example games available today and discuss the scientific evidence behind why these games work and in what way. Is it possible to improve your physical brain while enjoying yourself? After attending this talk you will see that the answer is yes!

Get Your Lawn Off Drugs! by Mike McGrath. Homeowners often find themselves trapped on a “toxic treadmill,” simply because they don’t realize how easy it is to have a lovely landscape without using the chemical fertilizers, herbicides, and pesticides that endanger people, pets, the environment and the water supplies we all share. American homeowners use more toxic chemicals per square foot on their lawns than ‘conventional’ chemically intensive farmers do on crops—despite the fact that those chemicals often make lawns look worse! Mike will reveal money-and-time-saving tips that will help you achieve a lush, green lawn and a lovely landscape without risking your life.

Grow Your Best Tasting Tomatoes Ever! by Mike McGrath. Tired of tasteless tomatoes? Envious of your neighbor’s big juicy Love Apples? Tomato lover supreme Mike McGrath, author of a new book solely about the tastiest fruit of summer, will reveal the tricks and tips you need to be a tomato taste-test winner in this fast-paced workshop, focusing on the importance of correct planting, feeding, watering and support, with a special emphasis on common mistakes to avoid when growing big, tasty tomatoes in containers. Here’s tip #1: Start saving your eggshells now! Then come to the workshop and Mike will tell you why!
HERO Campaign for Designated Drivers®, seeks to end drunk driving tragedies nationwide by promoting the use of safe and sober designated drivers. Their goal is simple: to register one million designated drivers and make having a designated driver be as automatic as wearing a seatbelt. The HERO Campaign is not an anti-drinking campaign. Instead, they encourage common sense and responsibility by promoting individuals to “Be a HERO. Be a Designated Driver;” a message that appeals to the hero in all of us.

Images in Retirement: Integrating Nature and Travel Photography into Your Retirement Plan by David Carr, Ph.D. View a slide show of local photos, plus selected shots from other areas while David shows you how you can connect photography to post-retirement travel.

Joy of Jazz by Michael Pedicin, Tenor Saxophone Master, will be a presentation focused on a description of America’s true Art form, JAZZ. Michael will trace its beginnings to where this music is today, and how we can find peace, as well as creative and emotional contentment by permitting ourselves to experience the benefits inherent in the listening and appreciation of this music.

Landscaping for Butterflies by Jesse Connor will cover the basics of creating or adding to a sustainable landscape for butterflies and other pollinators. You will learn about the very best nectar plants as well as the specific host plants: the grasses, perennials, shrubs, trees, and vines that butterflies and moths require to sustain themselves while adding movement, color, and beauty, to your backyard.

Medicare 2012 and Beyond by Melissa Abecasis, Center for Medicare & Medicaid Services. Are you turning 65 and need information on Medicare? Are you already on Medicare and want updates? This presentation will summarize the Medicare program and provide information on new changes brought about by the Affordable Care Act.

Meditate – Easily & Effortlessly by Luanne Anton, M.S., Health Educator, Meditation Instructor, Aromatherapist and Reiki Master. Through a variety of techniques, one can learn to use the mind to relax the body, creating feelings of peace and calm. Much scientific study has revealed meditation to be beneficial to all aspects of physical, mental, and emotional health. You will learn about various breathing techniques and types of meditation including guided imagery, Transcendental Meditation, mindfulness to achieve harmony, progressive relaxation, aromatherapy, and meditating with gem stones.

Osteoarthritis vs. Osteoporosis - by Peggy Lotkowicz, Arthritis Foundation, NJ Chapter. Although the names sound similar, these two conditions have unique characteristics. Participants will explore the risk factors, diagnosis process, treatments, nutrition and the importance of exercise in the management of these diseases. Fall prevention and home safety also included.
Playing in Nature: Why Therapeutic Gardens Benefit Everyone by Jack Carman, FASLA, RLA, CAPS, Design for Generations. A discussion of the healing benefits of our involvement in nature and how we can create therapeutic outdoor environments. Interest in gardening is on the rise. Community gardens, reducing lawns, organic produce, native habitats, are just a few of the buzz words we hear today. Why are these and other gardening endeavors good for you and can help make you healthier?

Book Sales & Signing

Productive Aging through more Intellectual Stimulation - Bingo is not the only recreational activity for our seniors! Paul White, founder of Huntington Reading Group, will review the genesis of HRG and how he has introduced and put in place informational programs designed to enhance the quality of life of our seniors through additional intellectual stimulation and recreation. His talk will describe the overall program and include insight into the practical aspects of administering such programs, what has worked and what has not.

Save Money, Save Energy - Efficiently Independent by Stockton Energy Service Corps. Learn how to reduce your energy use, save money on utilities, and access programs available to you to help you remain independent through rebates and services to help pay bills. NJPIRG’s Energy Service Corps can also provide free individual winterization services to homeowners including energy audits, window caulking, light bulb replacement, and correcting thermostat settings. These simple changes can save up to 30 percent on utility bills and greatly reduce the amount of energy used in your home.

Time to Tell Autobiographical Readings by Dr. Dan Gottlieb and Gina Maguire. Dr. Dan will discuss readings from his book “Letters to Sam”. Gina will lead SCOSA’s Time to Tell Autobiographical Writing Program participants and students from Dr. Lisa Cox’s Guided Autobiography class in presenting various readings from their works.

Book Sales & Signing

Demonstrations, Clinics & Workshops

Active Forever by Jamil, Tilton Fitness Center. Active Forever is designed to help aging adults increase their strength, flexibility, endurance, and stamina.

Maintaining a Healthy Mind by Christine A. Gayda, Ph.D. Informational seminar on memory functioning to enhance successful aging and confidential memory screenings.

Reiki Demonstration by Elaine L. Bukowski, PT, DPT, (D)ABDA

Senior Stretch and Chair Yoga by Laurie Greene, Ph.D., E-RYT, YBR

Test Your Hearing Clinic by Marjorie Taylor, AuD, CCC-A, Stockton’s Speech Pathology and Audiology (SPAD) program.

Continued on page 12
The Many Faces of Depression - Information & Screening Workshop by Christine Ferri, Ph.D. This Program is designed to address three barriers toward the treatment of depression in older adults: lack of education about depression, limited access to information about mental health providers who take Medicare patients, and challenges associated with depressed individuals’ willingness to follow through with referrals. The program will include an information session, depression screening, and provide a list of mental health providers who treat Medicare patients.

Entertainment

Lyric Chamber Winds

Formed in the winter of 2006, Don, Carolyn, Bob, Roberta and Patty came together to express their joy in exploring and performing the rich and varied literature written for the wind quintet. They share musical associations through teaching and performance. Each has taught in area colleges and public schools, performed as church musicians, and are members of Southern NJ, Stockton College and Rowan University musical ensembles.

Senior America

For more than 35 years, women who have reached the “age of elegance” have been participating in the Ms. Senior America pageant to help promote the positive aspects of aging and create awareness for active seniors. Senior America is a non-profit organization and is the world’s first and foremost pageant to emphasize and give honor to women who have reached the age of elegance. The Ms. Senior America philosophy is based upon the belief that seniors are the foundation of America and our most valuable treasure. It is upon their knowledge, experience and resources that the younger generation has the opportunity to build a better society. From the rocking chairs to the runways, 15 of New Jersey’s fabulous seniors will be participating in the Ms. New Jersey Senior America Pageant presented at Harrah’s Resort AC on June 7, 2012 at 1:00 PM. More information can be found online at www.ms-newjerseysenioramerica.org. The Senior America performance is scheduled from 12:00 - 1:00 in the Coffee House.

Tours

The New Art Gallery at Stockton (adjacent to the Performing Arts Center in L-Wing). Presenting selections from the Noyes Museum of RSC’s permanent collection: Works on Paper including Prints from the Brodsky Center for Innovative Printmaking.

The Holocaust Resource Center (located on the second floor of the Stockton Library in E-Wing) will offer a guided tour and short film.

Join an Ambassador from Stockton Admissions on a 30-minute tour of the Stockton Campus. Meet at the Registration Table in Grand Hall.
Other

The **GeoDome** is an inflatable, portable, immersive visualization dome with the entire interior surface acting as a three-dimensional projection screen. The hemispherical dome is rapidly deployable and easily dismantled for quick storage. The dome comfortably fits 20 people or more and is wheelchair accessible. The GeoDome is a cost effective way to bring scientific data and stories to life in an interactive, three-dimensional environment. When inside the GeoDome, an audience is completely immersed in a virtual environment. Dr. Russ Manson will demonstrate the versatility of the GeoDome by presenting musical performances throughout the day in the F Wing Atrium.

**Organic Plant Sale:** Heirloom varieties (including 25 tomato varieties) of vegetables, herbs and flowers grown by the students of Stockton’s Sustainability: Food and Agriculture class in greenhouse space donated by Atlantic County Utilities Authority (ACUA). Proceeds from the sale will benefit SCOSA and the Sustainability class. Throughout the day on the Exhibit Hall Terrace.

---

**PARTNERS**

150 North Sixth Street
Philadelphia, PA 19106
Tel. 215-351-0540
[whyy.org/widerhorizons](http://whyy.org/widerhorizons)

The Division of Intergenerational Services addresses the needs of youth, families, disabled and senior citizens. Trained staff are available to provide such services as information and referral, outreach, case management and juvenile/family crisis intervention to eligible individuals. [www.aclink.org](http://www.aclink.org)

FOR INFORMATION & ASSISTANCE : 1-888-426-9243 (TOLL-FREE)

Our vision is a world without Alzheimer’s
Alzheimer’s Association - Delaware Valley Chapter
399 Market Street, Suite 102  Philadelphia, PA 19106 Phone 215-561-2919
[alz.org/desjsepa](http://alz.org/desjsepa)
Melissa Abecasis
Melissa is a Health Insurance Specialist in the External Affairs Office at the New York Regional Office of the Centers for Medicare & Medicaid Services (CMS). The New York Regional Office serves all of New York, New Jersey, Puerto Rico and the U.S. Virgin Islands. Working within the Office of External Affairs, Ms. Abecasis is its Spanish language spokesperson responsible for building and maintaining relationships with CMS’s Latino partners, organizing Medicare events, and informing Medicare partners and the public about how they can get the most out of Medicare. She is the region’s “go-to” person for Spanish language activities and resources.

A native of Bolivia in South America, Ms. Abecasis was educated in the United States and earned a BA degree in Sociology and Anthropology at Carleton College in Northfield, Minnesota.

Luanne C. Anton, M.S.
Luanne works as a Health Educator for Stockton’s Wellness Center and provides health education workshops regarding a variety of health related topics to groups or individual information for students, faculty and staff. She is also the advisor for the Certified Peer Educator Club that trains students to reach out and provide education, information and appropriate referrals to other students. Luanne is also a Meditation Instructor, Aromatherapist, and Reiki Master.

Elaine L. Bukowski, PT, DPT, (D)ABDA Emeritus
Elaine, a certified Reiki Master, is a tenured professor of physical therapy in the entry-level DPT Program and the director of the Physical Therapy Program at Stockton. Her primary teaching responsibilities include human gross anatomy, kinesiology and primary physical therapy examination techniques, musculoskeletal physical therapy, and physical therapy diagnostics. She holds a master's degree in anatomy from the University of Nebraska Medical Center, and a doctor of physical therapy degree, with a concentration in orthopedics, from Drexel University. She is a certified senior disability analyst and diplomat with the American Board of Disability Analysts and was awarded emeritus status in 2010. Her clinical experience covers 40 years in a variety of settings, including oncology, nursing home, home care, outpatient orthopedics, and academia. She has been a member of the APTA since 1971. She has published in professional journals and has chapters in professional textbooks. She is the author of Muscular Analysis of Everyday Activities. She has presented at conferences of the APTA, the Prosthetics and Orthotics Association of NJ, the American Board of Disability Analysts, and WCPT. Elaine has traveled abroad in her pursuit of the concepts and practices of integrative medicine.
Willo Carey, Executive Director, Wider Horizons

Wider Horizons is a multimedia service of WHYY, the premier public broadcasting service for the Greater Philadelphia market, addressing the needs and interests of the growing population approaching and in the second half of life. Her vision of creating content and outreach through strategic partnerships led to the formation of the Caring Community coalition of more than 100 organizations, who collaborated on award-winning television and radio programming spanning end-of-life, caregiving and chronic illness, quality of care, and the arts in medicine. In 2001, she co-founded Coming of Age with partners from the Intergenerational Center at Temple University, the United Way of Southeastern PA and AARP-PA. Now a Philadelphia-based national initiative to promote 50+ civic engagement, Coming of Age is being replicated in other markets across the country. Willo has been with WHYY since 1981, as Director of Development, Campaign Director. She serves on the board of the Opera Company of Philadelphia, the External Advisory Board of the University of Pennsylvania’s Institute on Aging and the Advisory Board of the Delaware Valley Schweitzer Fellows Program. She is past Vice Chair of the Philadelphia Corporation for Aging. Willo was honored for her work in Wider Horizons with the Eastern Pennsylvania Geriatric Society’s 2005 President’s Award, given for the first time in 15 years.

David L. Carr, Ph.D.

David is Professor of Political Science and Senior Fellow in the William J. Hughes Center for Public Policy. He came to Stockton in 1992 where he served as Dean of Social and Behavioral Sciences, later becoming Vice President for Academic Affairs, Provost and Executive Vice President. Prior to his career at Stockton, he was Assistant Dean of the College of Social Sciences and Acting Associate Vice President for Academic Affairs at St. Cloud State University (Minnesota), as well as Associate Professor of Political Science and Department Chair of Social Sciences and Humanities at the State University of New York, Institute of Technology. Dr. Carr’s publications and other professional activities range widely across issues in political science and undergraduate education. He serves on the National Implementation Committee of the American Democracy Project, a joint initiative of the American Association of State Colleges and Universities and The New York Times, and been active in promoting civic engagement of college students. He is the recipient of numerous awards including the William M. Plater Award from the American Association of State Colleges and Universities in recognition of his leadership in promoting civic engagement and the Lifetime Achievement Award from Stockton’s Council of Black Faculty and Staff. Dr. Carr has also been active in the community where he serves on numerous boards and committees. In his spare time he is a nature photographer and several of his photographs are used in College publications.
**John Paul Carman, FASLA, RLA, CAPS**  
Jack is President of Design for Generations LLC, a landscape architecture design firm specializing in the development of therapeutic gardens and landscapes in healthcare and senior communities nationwide. Jack actively works to promote the creation of healing outdoor environments through national associations and conferences. He is co-editor and contributor to the recently published book *Re-creating Neighborhoods for Successful Aging.*

**Jesse Connor, Naturalist and Master Gardener**  
Jesse has worked as a naturalist, horticultural associate, and specialty garden designer. She is an active Atlantic County Master Gardener and the event organizer for the UUCSJS Annual Native Plant Swap & Sale. Her lifelong interest in birds, butterflies, and botany inspires her passionate advocacy for sustainable landscaping.

**Bill & Muriel Elliott, Founders of The HERO Campaign for Designated Drivers**  
The HERO Campaign is a non-profit organization that partners with law enforcement agencies, schools and colleges, bars, taverns and restaurants, the U.S. Navy, professional sports teams, state divisions of highway safety and community chapters across the country. In 2000, their son, John Elliott, a Graduate of the Naval Academy, was struck and killed by a drunken driver. John distinguished himself as a Human Education Resource Officer (HERO) at the Naval Academy. HERO's are elected by their peers to counsel and mentor other members of their company. John was selected as the outstanding HERO in his graduating class.

**Christine Ferri, Ph.D.**  
Dr. Ferri, SCOSA Education Chair and Coordinator of Gerontological Studies, is an Associate Professor of Psychology at Stockton. She joined the faculty in 2005 after earning a Ph.D. in Clinical Psychology from Duke University and completing a Post-Doctoral Fellowship in Geropsychology at the UMDNJ School of Osteopathic Medicine. In 2008 she served as Co-Vice President for Education of the Society on Aging of New Jersey and has been faculty advisor to Stockton's Chapter of the Psi Chi Honor Society in Psychology.

**Jessica Fleck, Ph.D.**  
Jessica is Associate Professor of Psychology at Stockton and was recently named as a SCOSA Research Fellow. She obtained her Doctoral Degree in Cognitive Neuroscience from Temple University in 2004, followed by a two-year Post-doctoral Research Position at Drexel University, using brain imaging techniques to study creativity in the brain. Her research program focuses on the neuroscience of creativity, creativity enhancement, and maximizing cognition throughout the lifespan. She has authored and coauthored publications in creativity enhancement, the creative brain, and the benefits of
brain-training programs on cognition. Currently, Dr. Fleck is exploring the effectiveness of physical manipulations, such as eye movements and finger tapping, in enhancing creativity and the benefits of computer games in enhancing memory and brain function in older adults. This summer she will conduct research on the effectiveness of various cognitive exercise programs for maintaining and improving mental functioning. Contact Dr. Fleck at Jessica.Fleck@stockton.edu if you would like to be considered as a research participant.

Christine A. Gayda, Ph.D.
Christine, a graduate of Drexel University, is a Visiting Assistant Professor of Psychology at Stockton and is the Service Chair for SCOSA. She is also a NJ licensed Psychologist and Neuropsychologist in private practice as Healthy Horizons in Galloway providing health psychology and neuropsychology services to patients in adult day care, assisted living, sub-acute rehabilitation, and long-term care facilities. She also provides outpatient psychological counseling, neuropsychological and guardianship evaluations among clients with a variety of psychological and medical conditions. Christine has presented lectures and seminars to the New Jersey Institute for Continuing Legal Education and the Brain Injury Association of NJ and she lectures extensively for SCOSA.

Jeff Gitterman, CEO of Beyond Success
Jeff is an award winning financial advisor and the founder and CEO of Gitterman & Associates Wealth Management, LLC. He has been featured in the past in Money Magazine, CNN, Financial Advisor, London Glossy Magazine, New Jersey Business Journal, Affluent Magazine, and News 12 New Jersey, among others. In 2004, he was honored by Fortune Small Business Magazine as “One of Our Nation’s Best Bosses.” Over the past decade, Jeff has spoken at numerous conferences for the financial, insurance and motivational speaking markets, directly engaging with thousands of business professionals. His first book, Beyond Success: Redefining the Meaning of Prosperity, was published in 2009. He also serves as chairman of the advisory board to the Autism Center of New Jersey Medical School, an organization that raises significant monies each year for autism research and support services.

Dan Gottlieb, Ph.D.
Dr. Gottlieb maintains a successful family counseling practice; teaches; writes books and blogs for the Christopher Reeve webpage; and contributes to huffingpost. He does it all by observing life from his unique vantage point, and gaining unusual insight into what it means to be human. Dan began his practice as a psychologist and family therapist in 1969, first as a staff psychologist and later specializing in drug and alcohol treatment before going into private practice in 1983. Since 1985, he has been the host of Voices in the Family, an award-winning mental health call-in radio show, produced by and broadcast on Continued on page 18
WHYY 91FM, the greater Philadelphia region’s leading public radio station. For more than 10 years, Dr. Dan wrote for *Inside Out*, a bi-monthly column for the Philadelphia Inquirer. He has also published five books: *Voices in the Family; Voices of Conflict, Voices of Healing*, a compilation of his favorite Inquirer columns; *Learning from the Heart: Letters to Sam: A Grandfather’s Lessons on Love, Loss and the Gifts of Life*, written to his autistic grandson, which was released in the spring of 2006; and his latest, *Wisdom of Sam* where he shares life lessons taught to him by his eight-year-old grandson, Sam. In addition to his writing and radio show, he lectures locally and nationally on a variety of topics affecting the well being of people, families and the larger community. Despite all of his successes and accomplishments, Dr. Dan considers himself “simply a psychotherapist.” He is the proud father of two daughters and a grandfather. Because of his experience, he has unique understanding into both the solitude and growth that accompany suffering. What he is truly about is expressed most clearly on his business card, which says: Dan Gottlieb -- human.

**Laurie Greene, PhD, E-RYT, YBR**

Laurie has practiced yoga since age 15, having grown up in a “yoga family”. Since then, yoga has become her healthy addiction. Always an enthusiastic student, she combines her training in a variety of classical “hatha” traditions, bringing insights and techniques from all these to her eclectic teaching and practice. Training extensively in the Iyengar tradition, emphasis is on safety, technique and proper alignment so that students will get the greatest benefits from their practice, and easily experience the joy that yoga affords every fitness level. Laurie is also certified in Vinyasa flow and is registered with the Yoga Alliance as an “experienced teacher” and trainer. Having completed her 500 hour certification with Edward Clark & Elizabeth Connelly, Laurie’s passion lies in blending many styles into a practice that is instructive, creative and fun.

**Peggy Lotkowicz, Arthritis Foundation, NJ Chapter**

After graduating from Douglass College, Rutgers University, Peggy was an educator for fourteen years. She became a volunteer speaker for the Arthritis Foundation in 1996, twelve years after a diagnosis of lupus and rheumatoid arthritis. In 1998 she was awarded the Chapter’s “Volunteer of the Year” and started working for the Chapter in 1999. Currently, Peggy oversees all community education and exercise classes throughout the state, as well as all Advocacy and Public Policy initiatives. During her tenure with the Foundation, she has launched a number of new initiatives including the annual Juvenile Arthritis Conference and Camp CHAT, as well as the Worksite Initiative in 2005 and Parent 2 Parent Mentorship program in 2012. In 2008-2009, Peggy served as Chair of the National Arthritis Foundation Public Health Staff Team.
John Russell Manson, Ph.D.
Dr. Manson is an Associate Professor of Computational Science and Program Director for Stockton's Master of Science in Computational Science (MSCP) graduate degree program. Russ was awarded a National Science Foundation (NSF) major research instrumentation grant to bring a GeoDome to Stockton College. The GeoDome provides an environment to present simulations and visualizations for research and teaching.

Mike McGrath
Mike is Host of the nationally syndicated Public Radio show, You Bet Your Garden; Garden Editor for WTOP News Radio in Washington, DC; Contributing Editor and columnist for Greenprints magazine; former Editor-in-Chief of Organic Gardening magazine; winner of four consecutive Best in Show awards for major exhibits staged at the prestigious Philadelphia Flower Show from 1993 to 1997; and the gardening expert on the weekend edition of The Today Show, Saturday mornings on NBC from 1993 through 1997. His books include: You Bet Your Garden Guide to Growing Great Tomatoes; Kitchen Garden Box; Save & Sow Seeds of Your Favorite Vegetables; Mike McGrath's Book of Compost; Kitchen Garden A to Z; and You Bet Your Tomatoes! Mike lives in the boonies of Eastern PA with his family, raised bed organic garden, raspberry patch, peach orchard and an inconsistent number of rescued cats. He plays pinball, enjoys baseball, grows way too many tomatoes, likes garlic the best, and will not eat lima beans, no matter how much you pay him.

Wayne Mesiano, MS, L.Ac.
Wayne is a licensed Acupuncturist in private practice for over 10 years, and a Certified Teaching Disciple in Wu Style Tai Chi Chuan and Chi Gong with over 20 years of instruction experience. He received a Masters in Health Fitness Management at American University (1995); and after a four month internship at the Shanghai University of Traditional Chinese Medicine completed a Masters in Acupuncture at the Tai Sophia Institute School of Traditional Acupuncture in 1999. Wayne is certified in Zero Balancing, a form of acupressure bodywork. He is currently studying Therapeutic Grade Essential Oils / Aromatherapy to apply in clinic and for personal well-being.

Michael Pedicin, Ph.D.
During a prolific career that spans more than four decades, tenor saxophone master Michael Pedicin has toured with such jazz greats as Maynard Ferguson, Dave Brubeck, Stanley Clarke, and Pat Martino, as well as R&B, rock, and pop icons Stevie Wonder, the O'Jays, David Bowie, and Lou Rawls. He even played behind Frank Sinatra a few times.

Continued on page 20
Michael has recorded 10 albums under his own name since 1980 and considers the tenth one, *Ballads... Searching for Peace*, just released on the Jazz Hut label, to be his crowning achievement. Dr. Pedicin is well-known in the Stockton community as Jazz Studies Coordinator and Associate Professor of Music, and nationally as an accomplished jazz educator and performer. He created the Jazz Studies program at Temple University in the early 1980’s.

Paul White

Paul, founder of Huntington Reading Group (HRG) is a healthcare executive with over 30 years experience. His company is designed to enhance quality of life for senior residents in independent and assisted living centers through spirited information communication and intellectual stimulation. Paul has developed a two pronged stimulus program that provides senior residents interesting historical knowledge, intellectual recreation and the opportunity to share their own life experience and perspective. His programs are tailored to those senior residents who have enjoyed the benefits of reading and associated intellectual activity, however, have eyesight, ambulatory or age issues that make reading and associated informational discourse difficult or impossible. Paul has a graduate degree in history from Monmouth University. He is the author of *Korean War – Overshadowed War Still, Forgotten No Longer*, and is publishing “I Hate to Write” – *Edith McCormick – Woman, New Yorker, Mother and Patriot*. Paul is a member of several hospital and healthcare societies as well as continuing care, assisted living association groups.

Lyric Chamber Winds

*Donald L. Gephardt, Clarinet* – Don is Dean Emeritus of the College of Fine and Performing Arts at Rowan University. He holds degrees from Drake, Juilliard and Washington University. As a performer, he has been a member of several orchestras including the Des Moines Symphony, the Aspen Festival Orchestra and the Long Island Symphony. Participation in professional organizations includes the Alliance for Arts Education/NJ (Past President) and the International Council of Fine Arts Deans (Past President).

*Carolyn Gutierrez, Bassoon* – Carolyn is Associate Professor in the library at Stockton. She attended Temple College of Music and studied under Ferdinand Del Negro. She has performed with Saint Peter’s Masterworks Chorus Orchestra, Ocean City Pops Orchestra, South Jersey Area Wind Ensemble, and the Stockton Wind Quintet.

*Robert Helsabeck, French Horn* – Bob is Professor of Sociology at Stockton and a founding member of our Gerontology Program. He is active in choral conducting and instrumental music. He is Director of Music at an area church having studied choral music and conducting at Westminster Choir College. He teaches a brass ensemble course at Stockton and performs with the South Jersey Area Wind Ensemble, Stockton Wind Quintet and South Jersey Chamber Brass.
Roberta Beckler, Flute – Roberta is a graduate of Rowan University. She retired in 2002 from the Egg Harbor Township school district where she founded and developed the instrumental music program. She has performed with Cherry Hill Wind Symphony, Pennsylvania Flute Choir, is a member of South Jersey Area Wind Ensemble, South Jersey Irish Ceili Band, and is a conductor with the Atlantic Pops Community Band. Roberta is active as a church musician and teaches flute privately.

Patricia Lake, Oboe – Patty graduated from the University of Hartford’s Hartt College of Music. She was a past winner of the Cherry Hill Wind Symphony’s Student Scholarship Competition. She is active in and has performed with Saint Peter’s United Methodist Church and Masterworks Choirs. She teaches piano and oboe privately, and is a member of the South Jersey Area Wind Ensemble.

& Donors

Together, We Work For Health

Each and every one of us plays an important role in helping Americans gain and maintain access to life-saving medicines, fight chronic disease and lead longer, healthier lives. Our collective efforts contribute to the economic strength of New Jersey and maintain its role as a leader for medical innovation.

We Work For Health is a grassroots initiative that unites health consumers, biopharmaceutical company employees and retirees, vendors, suppliers and other business, academic and community partners to demonstrate how these diverse groups work together to improve America’s health care system and strengthen our economy.
Sponsors

Posit Science helps people be at their best throughout their lives by providing brain training software clinically proven to improve cognitive performance.

To order call 866-599-6463

positscience.com

Taking You Well Into The Future

AtlantiCare’s focus is to serve the community as a provider of health and wellness services.

AtlantiCare is committed to building healthy communities through partnerships with organizations that share its interest in health.

atlanticare.org

Funding is made possible by a grant from the New Jersey Department of Health and Senior Services-Healthy Communities Program. The mission of the Healthy Communities Program is helping to prevent chronic diseases by working to reduce health risk factors and attain health equity. For further information call 609-292-8540.

Wallerstein Foundation for Geriatric Life Improvement

Supporting health and human service programs for the aged in New York and New Jersey for 20 years.

200 Executive Drive, Ste 100
West Orange, NJ 07052
973-731-2500
& VENDORS

AARP NJ, 101 Rockingham Row, Princeton, NJ 08540  609-452-3902  aarp.org

Amergael, PO Box 228, Manahawkin, NJ 08050  amergael.org

American Red Cross, South Jersey Regional Chapter, 1540 West Park Avenue Ocean, NJ 07712  732-493-9100  jerseycoast-redcross.org

Arthritis Foundation, NJ Chapter, 555 Route 1 South, Suite 320, Iselin, NJ 08830  732-283-4300  arthritis.org/new-jersey

Atlantic Cape Community College Plus 50 Continuing Education, 5100 Black Horse Pike, Mays Landing, NJ 08330  609-625-1111

AtlantiCare, 2500 English Creek Ave., Egg Harbor Township, NJ 08234  atlanticare.org

BathFitter, 406 Bloomfield Dr., W Berlin, NJ 08091  856-470-6570  bathfitter.com

Bayada Home Health Care, 35 Central Sq., Linwood, NJ 08221  609-926-4600  bayada.com


Compassionate Care Hospice, 518 S Shore Rd., Marmora, NJ 08230  877-677-6380  ccbnet.net

CONTACT Cape-Atlantic, 9500 Ventnor Ave., Building 2, Margate, NJ 08402  609-823-1850  contactcapeatlantic.org

Costco Wholesale-Manahawkin, 245 Stafford Park Blvd., Stafford Township, NJ 08024  609-242-2011  costco.com


Fox Rehab, 7 Carnegie Plaza, Cherry Hill, NJ 08003  877-407-3422  foxrehab.org

Gitterman & Associates, 70 South Wood Avenue, Iselin, NJ 08830  848-248-4355  gawmllc.com/gitterman

Griswold Special Care, PO Box 441, Ocean City, NJ 08226  888-777-7630  griswoldspecialcare.com

Heartland Hospice, 800 Jessup Road, Suite 807, West Deptford, NJ 08086  856-251-0707  brc-manorcare.com/HeartlandHospice

Holy Redeemer Home Care & Hospice, 6550 Delilah Road, Suite 501 Egg Harbor Township, NJ 08234  609-892-9914  holyredeemer.com

Huntington Reading Group, 20 Irving Place, Red Bank, NJ 07701  732-496-9362  huntingtonreadinggroup.com

Jewish Family Services of Atlantic County, 607 N. Jerome Ave., Margate, NJ 08402  609-822-1108  jfsatlantic.org

Master Gardener’s of Atlantic County, NJ  rutgers-atlantic.org/garden
Our Lady’s Multi-Care Center, 1100 Clematis Avenue, Pleasantville, NJ 08232 609-677-6356  ourladysmulticarenj.com

Personally Yours Senior & Support Services, LLC, 107 Strawberry Drive, Shamong, NJ 08088  609-268-0639  PersonallyYoursSenior.com

Reliance Medical Group, 22 North Franklin Avenue, Pleasantville, NJ 08232 609-272-0655  reliantemed.com

Right at Home, 222 New Road, Suite 108, Linwood, NJ 08221  609-788-8236 rightathome.net/atlanticcounty

Royal Suites, 214 West Jim Leeds Road, Galloway, NJ 08205  609-748-9900 royalsuiteshealthcare.com

Seacrest Village Adult Healthcare Community, 1001 Center Street, Little Egg Harbor, NJ 08087  609-296-9292  seacrestvillagenj.com

Senior America, Inc., 387 Herbertsville Road, Brick, NJ 08724  732-746-2598 senioramerica.org

South Jersey Geriatric Care, P.C., PO Box 25, Somers Point, NJ 856-429-3494

Spectrum Rehab L.L.C., 2300 New Road, Northfield, NJ 08225  609-204-4849  spectrumrehabllc.com

Spring Oak Assisted Living of Vineland, 1611 South Main Road, Vineland, NJ 08360  856-507-1505  springoak.net

Stockton Employees Memorial Scholarship Fund - Gene Cranmer

Sunrise of Galloway, 46 West Jimmie Leeds Road, Galloway, NJ 08205  609-404-1099  sunrisegalloway.com

Synergy Home Care, 212 Bellevue Avenue, 2nd floor, Hammonton, NJ 08037  609-561-4306  synergyhomecare.com/hammonton

The Health Center at Galloway, 66 Jim Leeds Road, Galloway, NJ 08205  609-748-9100  seniorsnorth.com/galloway

Visiting Angels, 3153 Fire Road, Suite 1F, Egg Harbor Township, NJ 08234  609-641-7200  visitingangels.com

We Work for Health New Jersey, 740 Davinci Way, Williamstown, NJ 08094

WHYY Inc., Newsworks, Independence Mall West, 150 North Sixth Street Philadelphia, PA 19106  215-351-0535  newsworks.org

2012 Aging Successfully Festival
NJFA was established in 1998 with the statewide mission to promote innovative approaches in the delivery of services that enable older adults to live in the community with independence and dignity through grant making to address un-met needs and through increasing society’s awareness to influence public policy. Public and private partnerships to support aging issues and services in New Jersey:

- Grant awards for innovative programs: $370,000 for 40 grants since 2000 in 19 counties serving more than 25,000 seniors and caregivers.
- Statewide professional development conferences: 14th Annual Conference in June 2012.
- Policy research and social action: 4 in-depth research and policy reports on caregiving, transportation, and elder economics.
- Public awareness, multi-media PR and public education: Renaissance Magazine with 100,000 readers; Aging Insights, TV program with 400,000 viewers (now on NJFA’s YouTube channel: [http://ping.fm/UJr1r](http://ping.fm/UJr1r)).
- Social Networking: Website, offering issue updates and caregiver resources, received 280,000 hits in 2010; Blog page 719,000 hits in 2011; Facebook and Twitter added in June 2010.

Visit our website to see how you can become involved.

[njfoundationforaging.org](http://njfoundationforaging.org)
Celebrating 25 Years Of Service
To Our Community Under The Belief That
“QUALITY HEALTHCARE IS A RIGHT, NOT A PRIVILEGE”

With Several Convenient Locations To Serve You

RELIANCE Medical Medical Group, LLC
www.reliancemedical.com

NEW PATIENTS WELCOME • EVENING APPOINTMENTS AVAILABLE • MOST INSURANCE PLANS ACCEPTED
For more information, please call 800 251-8464

Most medical plans accepted • Knowledgeable Bilingual staff
One-stop for all medical needs • On-site testing
Fast, efficient service • Credit card payments accepted
Fixed cash fee-for-service for patients without insurance
Fixed fee for service for patients without insurance
Participating in Community outreach activities
New Jersey Family Care Application Assistance

1325 Baltic Avenue
Atlantic City, NJ 08401
Ob/Gyn & Family Medicine
(609) 441-0723

4421 Vardar Avenue
Atlantic City, NJ 08401
Ob/Gyn, Family Medicine
Internal Medicine & Nephrology
(609) 344-1838 (Ob/Gyn)
(609) 345-3050 (All Other)

301 East Jersey Leeds Road
Galloway, NJ 08205
Ob/Gyn & Family Medicine
(609) 652-8016 (Ob/Gyn)
(609) 653-2404 (Family Med)

23 North Franklin Avenue, 1st Floor
Pleasantville, NJ 08232
Pediatrics & Family Medicine
(609) 272-9040

2306 New Road
Northfield, NJ 08225
Pediatrics
(609) 385-8857

8529 Black Horse Pike
Egg Harbor Twp., NJ 08234
Pediatrics
(609) 645-8500

D/W/A Kids Care Pediatrics
D/W/A Atlantic Ob/Gyn Group
501 Bay Avenue, Suite 201
Somers Point, NJ 08244
Ob/Gyn
(856) 397-3828

Inside Shore Medical Ctr Clinic
649 Shore Road
Somers Point, NJ 08244
Ob/Gyn
(856) 655-4624
50 Million people in the US suffer from some form of Arthritis. Discover what your weapon is to fight the pain and limitations associated with it.

Call the Arthritis Foundation, New Jersey Chapter for information about arthritis, treatment options and ways to better manage your disease.

732-283-4300
arthritis.org/new-jersey

Special thanks to our Supporters: Horizon Foundation of New Jersey

Fox Rehabilitation™ provides exceptional physical, occupational and speech therapy in the home for the older adult or in the out patient setting.

If you or someone you care about wants to remove some of life’s obstacles, learn more about Fox. Because at Fox, we rehabilitate lives.

877-407-3422
foxrehab.org
Advisory Board & Stockton GERo Faculty

Advisory Board

Howard Berger, Honorary Member
Past-Chair, Atlantic County Senior Citizens Advisory Board (Northfield)

Frank Blee, Director of Senior Services, Atlanticare

Beth Bozzelli, Executive Director, Cape May County Office on Aging (Rio Grande)

David Delaney, Reverend, Central United Methodist Church; Retired Public Affairs Specialist, Social Security Administration (Egg Harbor Township)

Carla Dow, Director, Galloway Township Department of Senior and Social Services (Galloway Township)

Jennie Echo, Vice President for Clinical Services, Family Service Association (Galloway Township)

John Emge, Executive Director, United Way of Atlantic County (Galloway Township)

Marilu Gagnon, Director, Atlantic County Division of Intergenerational Services (Northfield)

Lori Heberley, President, South Jersey Geriatric Care, P.C. (Somers Point)

Joanne Kinsey, Family & Community Health Sciences Educator, Rutgers University Cooperative Extension of Atlantic & Ocean Counties (Mays Landing)

Joanne Leichte, Director of Volunteer and Customer Service, Southern Ocean Medical Center (Manahawkin)

Elyse Perweiler, Director, New Jersey AHEC Program; Associate Director for Planning, Development and Public Policy, New Jersey Institute for Successful Aging UMDNJ-SOM (Stratford)

GERO Faculty

Linda Aaronson, Ed.D. (Rutgers, The State University), Associate Professor of Nursing: nursing, gerontology.

John Bulevich, Ph.D. (Washington University), Assistant Professor of Psychology: Memory Distortion, Eyewitness Testimony, Metacognition, Retrieval Processes, Aging.

David C. Burdick, Ph.D. (University of Notre Dame), Professor of Psychology and Director, Stockton Center on Successful Aging (SCOSA): adult development and aging, technology and aging, intergenerational relationships, applied gerontology, mental health and aging.
William Cabin, PhD (CUNY), MSW (Michigan), JD (NYU), Assistant Professor of Social Work: policy, research, evaluation, gerontology, health, hospice, substance abuse, and mental health.

Elizabeth G. Calamidas, Ph.D. (Temple University), Associate Professor of Public Health: health and aging, human sexuality and aging, mental health and counseling of the aged, community health.

Merydawilda Colón, Ph.D. (City University of New York), LSW, Associate Professor of Social Work: social work practice, grief, death and dying, HIV/AIDS, health, Latinos and community outreach, social work with oppressed groups.

Lisa E. Cox, Ph.D., (Virginia Commonwealth University), LCSW, Associate Professor of Social Work: clinical social work practice, health care, HIV/AIDS, research methods, spirituality, gerontology; and SCOSA Research Chair.

Nancy Taggart Davis, Ph.D. (University of Pennsylvania), Professor of Pathology.

Elizabeth A. Elmore, Ph.D. (University of Notre Dame), Professor of Economics: financial gerontology, gender and generational issues in Social Security and retirement, employment of older workers, age discrimination in employment.

Christine V. Ferri, Ph.D. (Duke University), Associate Professor of Psychology: geropsychology, abnormal psychology, psychotherapy, positive psychology, statistical methods; Coordinator of Gerontological Studies; and SCOSA Education Chair.

Jessica Fleck, Ph.D. (Temple University), Associate Professor of Psychology: Brain, behavior and cognition, problem-solving, working memory, creativity, statistics, research methods.

William C. Jaynes IV, M.S.W. (Temple University), Professor of Social Work and Africana Studies: social policy, urban affairs, African-American families, gerontology, social work practice, ethnic and minority relations.

Janice O. Joseph, Ph.D. (York University, Canada), Professor of Criminal Justice: Juvenile justice, criminology and deviance, minorities and crime, corrections.

Marcello Spinella, Ph.D. (City University of New York), Associate Professor of Psychology: physiological psychology, clinical neuropsychology, psychometrics, psychopharmacology, herbal medicines, neural basis of cognition, aging and mental health.

Ralph E. Werner, V.M.D. (University of Pennsylvania), Associate Professor of Biology: physiology, pathology, pathophysiology, anatomy, parasitology, medicine, human health, alternative medicine, biology of aging.

Associated Faculty

Cheryl R. Kaus, Ph.D. (The Pennsylvania State University), Professor of Psychology and Dean, Social and Behavioral Sciences: successful aging, gerontological education, program development and evaluation.

Dee McNeely-Greene, Ph.D. (University of Delaware), Associate Vice President for Student Affairs, applied human development, health and aging, geriatrics, nursing.
SCOSA would like to acknowledge and extend a special thanks to those that have contributed their time, expertise, and resources to help make this event a remarkable success.

The Team:

**Festival Management**
Dave Burdick
Anita Beckwith
Laura Berrios
Gina Maguire

**Volunteer Coordination**
Christine Ferri
GEROS Club Student Volunteers

**Sustainability Initiative**
Linda Smith
Steve Whitford
Lucy Marzolino
Jesse Connor
Master Gardeners of Atlantic County

Special thanks to staff from the Office of Events Services, the Department of Plant Management, the School of Social & Behavioral Sciences, the Print Shop, the Mailroom, the Media Center, Chartwells, and all of the other volunteers from across the college who lent a hand stuffing envelopes or helping in other ways. Last but not least, all of the fantastic faculty, staff, and friends who presented or performed at today’s event.

Your Chance to Help and Win

Much of SCOSA’s funding comes through the Older Americans Act, administered by Atlantic County Division of Intergenerational Services. In order to continue receiving those funds we are required to collect data on program participants. The data is used for census reporting only and is considered confidential and private.

We would like to offer you the opportunity to enter to win a gift basket and help SCOSA at the same time. All you need do is pick up a Census Form at the Registration Desk as you enter the Campus Center, complete it and drop it into the box provided. You don’t need to be present to win. You will be contacted by SCOSA if you are the winner. In the end we are all winners if we can continue to offer educational programs free of charge to older adults.
Help us make our programs better for you. We want to know if you like or dislike what we do and we want to hear your suggestions for improvement.

Please take a few moments to complete our online survey by clicking the link below. It will take you to a website survey form. Your suggestions will be automatically recorded and we will use them to improve our older adult educational programs and plan for the next Aging Successfully Festival.

Thanks.

Visit the SCOSA website for more information about us, including upcoming older adult and professional educational opportunities, and to view the current and past issues of the SCOSA NEWS.

www.stockton.edu/scosa