



# 2013 PRELIMINARY WINTER/SPRING OLDER ADULT & \*PROFESSIONAL EDUCATION EVENTS

PE	Date	Time	Presentation / Workshop	Location	Registration
	2/8 (Fri)	1:00- 3:00	<i>Learn to Use Your Computer Safely</i>	Stockton Galloway Campus, G Wing, Room G-108	Register (see reverse)
	2/9 (Sat)	10:30-12:30	Basket Making - <i>Heart Basket With Handle</i>	Noyes Museum of Art, Lily Lake Rd, Oceanville	Register (see reverse)
	2/12 (Tues)	10:00 - 11:30	<i>Now Hear This</i> Hearing Screening & Information Session	Absecon Senior Community Center, UMC, 100 Pitney Rd	No registration necessary
	2/21 (Thurs)	10:00 - 11:30	<i>It's a Long Month: Living on a Fixed Income</i>	Egg Harbor City Senior Center, 341-51 Cincinnati Ave	No registration necessary
	2/22 (Fri)	11:15 - 12:30	<i>Avoiding Identity Theft</i>	Hammonton Senior Center, 310 Bellevue Ave	No registration necessary
	2/22 (Fri)	10:00 - 11:30	<i>Now Hear This</i> Hearing Screening & Information Session	Jeffries Towers Senior Center, 227 N Vermont Ave, Atlantic City	No registration necessary
	2/23 (Sat)	10:30 - 12:30	Creative Writing: <i>Memory in Poetry and Creative Nonfiction</i>	Noyes Museum of Art, Lily Lake Rd, Oceanville	Register (see reverse)
	2/28 (Thur)	10:00 - 11:30	<i>Now Hear This</i> Hearing Screening & Information Session	Hammonton Canoe Club Senior Center, 100 Sports Dr	No registration necessary
	3/5 (Tues)	10:00 - 11:30	<i>Now Hear This</i> Hearing Screening & Information Session	Buena Senior Center, 604 Central Ave, Minotola	No registration necessary
*	3/5 (Tues)	10:30 - 12:00	<i>Beliefs, Brain Science &amp; Neurotheology Across the Lifespan</i>	Stockton Campus Center Theatre	No registration necessary
*	3/6 (Wed)	7:30 - 9:00 am	<i>Communicating with Hearing Impaired Elders</i>	Health Center at Galloway, 66 W Jim Leeds Rd, Galloway	Register CE (see reverse)
	3/8 (Fri)	1:00- 3:00	<i>Learn to Use Your Computer Safely</i>	Stockton Galloway Campus, G Wing, Room G-108	Register (see reverse)
*	3/12 (Tues)	4:00 - 6:30	<i>Culturally Competent Practices with Latino Clients &amp; Families</i>	Spring Oak Assisted Living of Vineland, 1611 South Main Rd	Register CE (see reverse)
	3/14 (Thurs)	10:00 - 11:30	<i>Now Hear This</i> Hearing Screening & Information Session	Dr. Leinweber Senior Center, 235 Dolphin Ave, Northfield	No registration necessary
	3/16 (Sat)	1:00 - 3:00	Wool Felting Workshop: <i>A Leprechaun for the Holiday</i>	Noyes Museum of Art, Lily Lake Rd, Oceanville	Register (see reverse)
	3/20 (Wed)	10:30 - 12:00	<i>It's a Long Month: Living on a Fixed Income</i>	Brigantine Senior Center, 265 42nd St South, Brigantine	No registration necessary
	3/21 (Thurs)	10:00 - 11:30	<i>Reverse Mortgages</i>	Hammonton Canoe Club Senior Center, 100 Sports Dr	No registration necessary
	3/22 (Fri)	11:15 - 12:30	<i>It's a Long Month: Living on a Fixed Income</i>	Hammonton Senior Center, 310 Bellevue Ave	No registration necessary
	3/26 (Tues)	10:00 - 11:30	<i>It's a Long Month: Living on a Fixed Income</i>	Egg Harbor Twp Senior Center, 5045 English Creek Ave, EHT	No registration necessary
	3/28 (Thurs)	10:00 - 11:30	<i>Avoiding Identity Theft</i>	Egg Harbor City Senior Center, 341-51 Cincinnati Ave	No registration necessary
*	3/28 (Thurs)	10:30 - 12:00	<i>Recognizing Depression &amp; Dementia in Older Adults</i>	Stockton Galloway Campus Center Trustees Room (CC-BOT)	Register CE (see reverse)
	3/30 (Sat)	10:30 - 12:30	Creative Writing: <i>Memory in Poetry and Creative Nonfiction</i>	Noyes Museum of Art, Lily Lake Rd, Oceanville	Register (see reverse)
	4/9 (Tues)	10:00 - 11:30	<i>Senior Home Safety &amp; Fall Prevention</i>	Jeffries Towers Senior Center, 227 N Vermont Ave, Atlantic City	No registration necessary
	4/10 (Wed)	10:30 -12:00	<i>Avoiding Identity Theft</i>	Brigantine Senior Center, 265 42nd St South, Brigantine	No registration necessary
	4/10 (Wed)	10:30 - 12:00	<i>Continue to Live Independently</i> - Aging in Place	Galloway Township Library, 306 E. Jim Leeds Rd, Galloway	No registration necessary
	4/11 (Thurs)	10:45 - 12:00	<i>It's a Long Month: Living on a Fixed Income</i>	Jeffries Towers Senior Center, 227 N Vermont Ave, Atlantic City	No registration necessary
	4/11 (Thurs)	10:00 - 11:30	<i>Now Hear This</i> Hearing Screening & Information Session	Egg Harbor City Senior Center, 341-51 Cincinnati Ave	No registration necessary
	4/12 (Fri)	1:00- 3:00	<i>Learn to Use Your Computer Safely</i>	Stockton Galloway Campus, G Wing, Room G-108	Register (see reverse)
	4/15 (Mon)	10:00 - 11:30	<i>Avoiding Identity Theft</i>	Buena Senior Center, 604 Central Ave, Minotola	No registration necessary
	4/17 (Wed)	4:30 - 6:00	<i>Informed Investing</i>	Stockton Galloway Campus Center Board Room	No registration necessary
	4/18 (Thurs)	10:00 - 11:30	<i>Senior Home Safety &amp; Fall Prevention</i>	Hammonton Senior Center, 310 Bellevue Ave, Hammonton	No registration necessary
	4/18 (Thurs)	10:00 - 11:30	<i>Avoiding Identity Theft</i>	Dr. Leinweber Senior Center, 235 Dolphin Ave, Northfield	No registration necessary
	4/25 (Thurs)	10:00 - 11:30	<i>When Income Decreases, but the Bills Don't</i>	Hammonton Canoe Club Senior Center, 100 Sports Dr	No registration necessary
	4/27 (Sat)	10:30 - 12:30	Creative Writing: <i>Memory in Poetry and Creative Nonfiction</i>	Noyes Museum of Art, Lily Lake Road, Oceanville	Register (see reverse)

January, 2013

**STOCKTON**

NEW JERSEY'S  
**DISTINCTIVE**  
Public College

We are pleased to present the 2013 Winter/Spring Calendar of Events for our Older Adult & Professional Education Programs. We hope you will consult our web-site and join our e-mail distribution list. There's "something for everyone" and we hope that you'll consider joining us for one or more events. Most events do not require registration, but for those that do you can call us at 609.626.3591 or you can register online at [www.stockton.edu/scosa](http://www.stockton.edu/scosa). You will be contacted with details and registration confirmation.

Our programming is made possible through generous support from several sponsors. Our sponsors include the Stockton Division of Academic Affairs, Atlantic County Department of Human Services, (Division of Intergenerational Services), the Wallerstein Foundation for Geriatric Life Enhancement and other community partners. SCOSA's Older Adult Education Program is partially funded by the Older Americans Act of 1965, as amended. To ensure continuation of services, federal law mandates that we afford you the opportunity to donate for services provided. Any donation received will be used for future services. Please remember this is only a request for a donation. It is not a charge or fee. Make your checks payable to The Stockton Center on Successful Aging.

This calendar represents only a small portion of SCOSA's efforts. Please refer to our website regularly for news of other events, updates and event cancellation procedures.

Sincerely,

Dave Burdick, Ph.D.,  
SCOSA Director

Anita Beckwith  
Programming

## OLDER ADULT EDUCATION

### *Avoiding Identity Theft*

The fastest growing crime in America is identity theft. Money Management Int'l will tell you how to protect yourself and your assets from thieves who want to steal your information. Anyone can be a victim of this crime.

**Basket Making** with Niki Giberson from Swan Bay Farm Call: 609.652.8848 to register.  
10" heart-shaped basket with twisted handle - \$25.00 materials fee- advanced registration required.

### *Continue to Live Independently*

Join Pat Laychock, RRT, CSA, CDCP to learn how you can plan to "age in place" ... continue to live in the home of your choice safely and independently as you age. What impact will it have on you and members of your family? What Services are needed and available to help you live at home? Bring your family members and all of your questions.

**Creative Writing Workshop Series: Memory in Poetry & Creative Nonfiction** Call: 609.652.8848 to register. In this series workshop, Jenna McCoy will explore a number of creative writing genres, with a major focus on memoir and poetry. You will discover what exactly makes for good writing, and apply these techniques as you write essays & poems inspired by your own memories. For information visit the SCOSA website at [www.stockton.edu/scosa](http://www.stockton.edu/scosa). Limited capacity.

### *It's A Long Month: Living on a Fixed Income*

Are you living on a fixed income? Money Management Int'l will tell you how to "stretch" your income by setting priorities, establishing a budget, planning, and saving.

**Learn to Use Your Computer Safely** Visit [www.stockton.edu/scosa](http://www.stockton.edu/scosa) to register or call 609.626.3591. The workshops, by Stockton Computer Science and Information Systems, will enhance your technology usage and cyber security awareness by covering topics and using hands-on exercises on effective and safe computing.

### *Now Hear This Hearing Screening & Information Session*

Join us for a free Hearing Loss Information Session. Marjorie Taylor, Assistant Professor of Speech Pathology & Audiology will share her knowledge and upcoming research plans. Come and share your experiences with this common and treatable ailment.

### *Senior Home Safety & Fall Prevention*

Get information on how you can safely stay in your home as you age, learn about common accidents in the home and their financial costs while focusing on low cost or no cost solutions to help keep you safe and accident free, especially in the area of fall prevention. Doug Schindler, MS, CAPS is EPA Certified.

### *Reverse Mortgages*

Touted as a way that seniors can stay in their homes, reverse mortgages are becoming more common. Money Management Int'l will tell you the ins and outs of this type of financing, and how to get the tools you need to decide if it is right for you.

### *When Income Decreases, but the Bills Don't*

Money Management Int'l will tell you how to cope with one of the most stressful events in your life by being financially prepared if your income decreases or you are facing a job loss. This program will review how to set priorities, identify problem areas, and establish a practical spending and savings plan.

### *Wool Felting* with Niki Giberson from Swan Bay Farm

Make a wool felted leprechaun for this year's St. Pat's Day with wool from sheep that live on Swan Bay Farm. \$20.00 materials fee. - Advance registration required. Call: 609.652.8848 to register.

## EVENT DESCRIPTIONS AND DETAILS

### *SCOSA Supports National Healthcare Decisions Day*

National Healthcare Decisions Day, April 16th, exists to inspire, educate & empower the public & providers about the importance of advance care planning. National Healthcare Decisions Day is an initiative to encourage patients to express their wishes regarding healthcare and for providers and facilities to respect those wishes, whatever they may be. Visit the SCOSA Website on April 16th to view a presentation developed by SCOSA, Michael Weinraub, Esquire, and National Healthcare Decisions Day.

### *Informed Investing* - Seton Hall University School of Law Investor Advocacy Project and FINRA Investor Education Foundation

Want to learn how to properly invest? Think you've been the victim of an investment fraud? Need to know your legal options? Join us on April 17th from 4:30 - 6:00 PM for an afternoon of answers to these and other securities questions. Co-sponsored by the Stockton Center for Economic & Financial Literacy, School of Business, Stockton Center for Community Engagement, and the Stockton Center on Successful Aging.

## PROFESSIONAL EDUCATION

### *Beliefs, Brain Science and Neurotheology Across the Lifespan*

Tues, March 5, 10:30 am -12:00 pm

Visit [www.stockton.edu/scosa](http://www.stockton.edu/scosa) for flyer & registration for CE. Keynote address at Holistic Health/Wellness Center conference at Stockton on March 5, 2013 by Andrew B. Newberg, M.D., Director of Research at the Myrna Brind Center for Integrative Medicine at Jefferson University Hospital and Medical College. This lecture will review the most recent scientific and theological information on the nature of human beliefs and how these beliefs change across the lifespan.

### *Communicating with Hearing Impaired Elders* - 1st Wednesday Lecture

Wed, March 6, 7:30 am - 9:00 am

Register by 2/27/13. Visit [www.stockton.edu/scosa](http://www.stockton.edu/scosa) for flyer and registration. Presenter: Marjorie Taylor, AuD, CCC-A, Assistant Professor, Speech Pathology & Audiology. The objectives of the lecture are to help participants identify individuals with communication difficulties due to varying degrees of hearing impairment and provide appropriate referral information for individuals with hearing impairment, and to describe appropriate strategies for communicating effectively with hearing impaired individuals. One CE for Social Workers, NJ Licensed Professional Counselors and Marriage and Family Therapists.

### *Culturally Competent Practices with Latino Clients & Families: Building on Evidence Based Principles*

Tues, March 12, 4:00 pm - 6:30 pm

Register by 3/5/13. Visit [www.stockton.edu/scosa](http://www.stockton.edu/scosa) for flyer and registration. Presenter: Merydawilda Colon, PhD, Associate Professor of Social Work & Coordinator of Stockton's Social Work Program. This presentation highlights empirically-based principles for culturally competent practice with Latinos. The seminar is free of charge and includes a complimentary dinner. Two CEs for social workers, marriage & family therapists, and licensed professional counselors.

### *Recognizing Depression and Dementia in Older Adults*

Thurs, March 28, 10:30 am - 12:00 pm

Visit [www.stockton.edu/scosa](http://www.stockton.edu/scosa) for flyer & registration for CE. Presenter: Danielle M. Micala, MHA, LNHA, CTRS, CDP, Training & Consultation Specialist, UMDNJ/UBHC-Technical Assistance Center. Older adults are at a high risk for depression and cognitive disorders such as dementia. Obtaining an accurate diagnosis can be challenging as there is no single test that can differentiate depression from dementia as they present with similar symptomatology. This program provides a basic overview of the signs and symptoms of depression and dementia in older adults and how to recognize behavioral clues that may assist in making a more informed and educated assessment. One CE for Social Workers, NJ Licensed Professional Counselors and Marriage and Family Therapists.

SCOSA develops and schedules programs throughout the year. All new additions may not be listed here. Please bookmark the SCOSA website ([www.stockton.edu/scosa](http://www.stockton.edu/scosa)) and visit often for a complete list of programs, updates, and cancellations as well as a variety of information for older adults and professionals.

Some of the services and programs listed here have been partially funded under the Older Americans Act of 1965, as amended. To ensure continuation of these services and programs, federal law mandates that we afford you the opportunity to donate for services provided. Any donation received will be used for future services. Please remember this is only a request for a donation. It is not a charge or a fee.